



DAY IN DAY OUT

TODAY

Greg Kopczyk, Interim Youth Pastor
Day In and Day Out (Hosea 1-3)

NEXT SUNDAY

Jonathan Griffiths, Lead Pastor
Prisoners Set Free (Galatians 3:15-25)



The Fall ministry year has begun and we are taking time to give thanks for our many blessings. This is also a great time to express your appreciation to our Met ministry and support staff. Appreciation cards are available at The Hub as well as online at metbiblechurch.ca > *Contact Us* for you to pass along a personal word of thanks.



Sermon Notes? Download free YouVersion app.
Notes accessible in the **Events** section.
Also access MET website, Bulletin, and Giving from one location.



CONNECT with us at The Hub in the main lobby, whether you are new or want information about learning and serving opportunities, or about joining a Community Group. You can also complete a **Connection Card** found in the seatbacks in front of you.



Oct 15 • Newcomers' Reception • 10:15 am • Fireside Rm
An opportunity for the newcomers of The Met to meet and chat with each other and interact with some of our elders. Light refreshments will be served.

NOTEWORTHY



Thanksgiving Offering Envelopes

In gratitude to God for His provision, we are taking a Thanksgiving Offering today. From the funds that are given, The Met will make a significant contribution to one or more Gospel-based Christian charities that are providing relief and encouragement to the people affected by hurricanes in the Caribbean. The remainder of this special offering will go towards reducing the deficit in our General Fund. Special envelopes are provided in your bulletin for this purpose. Thank you for your generous giving.

UPCOMING



Samaritan's Purse - Operation Christmas Child Shoeboxes - Lobby

Pack a shoebox to reach out to children in their own communities with the Good News of Jesus Christ. Volunteers needed to distribute shoeboxes on Oct 15, 22, & 29 - if interested email tnehring@metbiblechurch.ca. Shoeboxes will be collected on Nov 5 & 12.



Oct 15 • CAP Money Course • 11 am • Rm 205

This 3 week course is designed to help those who would like practical biblical guidance on managing their finances. To register, visit metbiblechurch.ca/registrations.



Oct 26 • Harvest Fair • 6:30 pm • Fellowship Center

A fun fall family fair with games, face-painting, candy, and a Gospel presentation. An outreach event for families with children age 4-12. Also an opportunity for family members of Awana kids to have fun together and connect with other families.



Oct 22, 29 & Nov 5 • Parent/Child Dedication Class • 9 am • Rm 207

Interested in dedicating your child/children at The Met? Submit Child Dedication form at metbiblechurch.ca/registrations. Parents attendance of all 3 classes is mandatory. Next dedication service: Nov 19.



Oct 29 • Church-Wide Prayer & Town Hall Meeting • 6 pm • Gym

This month we are combining church-wide prayer with a short town hall meeting where people will have an opportunity to ask questions of our elders. Let's come together to pray for our elders, missionaries, and other ministries.



New Library

Trying to establish a family devotion? Looking for resources to help with parenting? Trying to understand the Bible? We are gearing up for the grand opening of our library in the West Wing with many resources for you. We look forward to seeing you there.

CITY OUTREACH & GLOBAL COMMUNITY



Prayercast Video

Prayercast French Guiana - Pray for increased availability of scriptures in mother tongue languages Prayercast.com/frenchguiana.

Need Prayer? Email metcare@metbiblechurch.ca

Emergency Prayer : Pastor Randy at rjost@metbiblechurch.ca

Office Hours: Weekdays 9 am - 5 pm, Sundays between worship services

613.238.8182

metbiblechurch.ca

2176 Prince of Wales Drive

LOOKING AHEAD - FALL 2017

SUNDAY WORSHIP SERVICES

Sanctuary • 9:00 & 11:00 am - *Communion observed monthly*

Fellowship Centre Overflow • 11:00 am • *Live video feed*

(Sunday Bus Shuttle schedule for both services available at metbiblechurch.ca > I'm New > How to find us?

Sunday Morning Prayer 9:00 am - 10:15 am (2nd floor) All are welcome

Connections Hub (Main floor) All newcomers welcome to join us

Metro Café (2nd floor) Open Sundays between 8:00 and 11:30 am

ADULT SUNDAY CLASSES

Healthy Homes: Counter Culture (Sept 10-Nov 26) • 9:00 am • Rm 205

St. Paul's Letter to the Galatians (Sept 17-Nov 26) • 11:00 am • Rm 211

Important Biblical Topics for Christians (Sept 24-Nov 26) • 11:00 am • Rm 207

CHILD AND YOUTH SUNDAY CLASSES

METTykes - Born 2013 to present • 9:00 am • Early Childhood Check-in desk

METKids Elementary Sunday School - SK to Gr. 6 • 9:00 am • Gym Check-in desk

METTykes - Born 2015 to present • 11:00 am • Early Childhood Check-in desk

METYouth Academy - Gr. 6 to 12 • 11:00 am • Lounge

Quizzing - Gr. 6 to 12 • 12:30 pm • Rm 205

WEEKLY MINISTRIES

Children, Youth & Young Adults

METKids Club: Awana girls and boys (ages 2-Gr 6) • Thursdays • 6:30 pm • Gym

METKids Club: CSB - boys (ages 5 to 18) • Fridays • 7:00 pm • Gym

METYouth (Gr. 6 to 12) • Tuesdays • 6:30 pm • Theatre

METYoung Adults (17 to 25 yr olds) • Thursdays • 7:00 pm • Theatre (See website for free shuttle schedule)

Adults

METMen: Bible Study Fellowship • Mondays • 6:30 pm • Rm 265

Woman to Woman (W2W) • Wednesdays • 9:15 am • Fellowship Center

Women's Evening Edition (WEE) • Wednesdays • 7:00 pm • Fellowship Center

METMen: Discipleship and Bible Study • Wednesdays • 7:00 pm • Lounge

Prayer Focus • Wednesdays • 7:00 pm • Rm 211 & 213

MET Choir and Orchestra Rehearsal • Wednesdays • 7:00 pm • Choir Room

METSeniors • Thursdays • 9:30 am • Fellowship Center

METMen: Authentic Manhood Bible Study • Thursdays • 6:30pm • Lounge

Drop-In Fitness and Sports

Basketball • Mondays • 6:30 pm • Gym

Women's Fitness • Wednesdays • 12:15 pm • Gym

Ball Hockey • Fridays • 9:00 pm • Gym

UPCOMING SUNDAY CLASSES

Marriage Preparation Class (6 weeks) • Oct 8 • 11:00 am • Rm 209

Newcomer's Lunch • Oct 15 • 1:00 pm • Fireside Rm

Parent/Child Dedication Class (3 weeks) • Oct 22 • 9:00 am • Rm 209

Adult and Youth Baptism Class • Nov 12 • 9:00 am • Fireside Rm

SPECIAL EVENTS AND SPIRITUAL GROWTH OPPORTUNITIES

Alpha - Men and Women (10 weeks) • Sept 27 • 7:00 pm • Fireside Rm

GriefShare (10 weeks) • Oct 2 • 7:00 pm • Fireside Rm

Alpha - Youth and Young Adults (10 weeks) • Oct 13 • 6:30 pm • Rm 265

International Fall Fellowship • Oct 14 • 5:00 pm • Fellowship Center

CAP Money Course (3 weeks) • Oct 15 • 11:00 am • Rm 205

Global Leadership Summit • Oct 19 & 20 • Community Pentecostal Church

METYouth High School Fall Retreat • Oct 20-22 • Circle Square Ranch

Harvest Fair • Oct 26 • 6:30 pm • Fellowship Center

Choir Camp • Oct 28 • 9:00 am • Choir Room

Church-Wide Prayer & Town Hall Meeting • Oct 29 & Nov 26 • 6:00 pm • Fellowship Center

METYoung Adults Fall Retreat • Nov 10-12 • Circle Square Ranch

Celebrate Missions : Shine • Nov 12-19 • The MET

MET Choir and Orchestra - Christmas Concert • Dec 10 • 7:00 pm • Sanctuary

Visit metbiblechurch.ca for details and updates