

# KINGDOMS COLLIDING

**TODAY** (11 am Service - video feed available in the gym)

Jonathan Griffiths, Lead Pastor  
The Kingdom Advancing (Matthew 10:1-16)

## NEXT SUNDAY

Jonathan Griffiths, Lead Pastor  
The Kingdom that Divides (Matthew 10:17-42)  
• Communion Services at 9 & 11 am (all communion bread is gluten-free)  
• Missions Report - The Williams, serving in Asia



**The Hub** - If you are new, drop by The Connect Hub in the Lobby by the main entrance. We would love to welcome you with a free coffee and a gift to say thank you for joining us today. You can also fill out the Connect Card in the seatback in front of you. Either way, we'd love to know that you joined us today.



**The Kids' Hub** - We have moved to the east side of the gym! Parents and children are invited to come by between the two services (10:15–11:00 am). This is a kid-friendly space where parents can connect with other parents and adults on Sunday morning while supervising their children.



**Operation Backpack • Missions Kiosk (2nd floor)**  
The Met has provided over 900 backpacks and school supplies to school-age children in the Banff/Ledbury community over the past 6 years. Stop by the missions kiosk on the 2nd floor to obtain a list of items you can donate and to drop off your donations. Deadline: Aug 12.

On delivery day, Aug 14, we will engage with the residents of the neighbourhood in a friendly way with food, activities, and VBC worship songs. Visit [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve) to sign up to help.

## NOTEWORTHY

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### Aug 19 • Every Student Sunday

In Canada alone, there are close to 300 colleges, universities, and CEGEPs where over 2 million students study each year. Their greatest need is Jesus and they are the future influencers of people and nations. Let's begin praying for the students of our nation. Join us as we also pray corporately for students during the services on Aug 19.



### Sept 1 • Men's BBQ • 5 pm • Gym

All men invited to this free event of teaching, building connections, and great food. Guest speaker David Jackman will teach on the topic "Ambition - Blessing or Curse?" Freewill offering will be accepted. Register at [metbiblechurch.ca/men](http://metbiblechurch.ca/men).



### Sept 23 • Community Group Launch • 12:30 pm • Gym

An opportunity to hear from pastors and group leaders about the church's vision for community groups. Lunch will be provided along with an opportunity to participate in a group this fall! Register at [metbiblechurch.ca/community](http://metbiblechurch.ca/community).



### Oct 12-14 • Revive - Women's Fall Retreat • 6:30 pm • Camp IAWAH

Let's move toward personal renewal by *looking up* to the One True God, *looking in* at our true selves, and *looking out* at the world God asks us to love. All women are welcome to this weekend retreat with guest speaker Kala Ann Thompson. Cost is \$168 per person. Register at [metbiblechurch.ca/women](http://metbiblechurch.ca/women).



### Praying for the Nations

Luxembourg - Pray for healing of suspicious attitudes toward evangelicals. [Prayercast.com/luxembourg](http://Prayercast.com/luxembourg).

## VOLUNTEER OPPORTUNITIES - [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve)

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### Children's Ministry

We are looking for teachers, small group leaders, greeters, musicians, LITs, and nursery and check-in volunteers for the 9 or 11 am services. If you are available to help out for 1-4 Sundays a month, please stop by the Children's check-in kiosk by the Gym or visit [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve) to sign up.

### Hub Hosts

At the Hub we are all about ensuring that people who come to The Met have an opportunity for personal connection, care, and someone to point them in a direction to grow them in their spiritual journey. If you love investing in those who are new or feel out of place, and helping them get connected with life changing opportunities, sign up to serve by going to [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve).

### First-Aid Team

Do you love caring for people? Are you compassionate? Serve with the First-Aid team. Training will be provided. You just have to be a caring person who is concerned with the welfare of people and we will make sure that you receive the necessary training. Paramedics, doctors, nurses are welcome to sign up too! We need 5 more First-Aid team members. Sign up today at [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve).

### Host An Intern in Your Home

God has blessed us in this ministry season to build into, develop, and grow our internship training program. We sense that we have a real opportunity to provide a top-notch program to develop and pour into the next generation of Christian leaders throughout Canada. The result has been an increase in the number of candidates interested. We would, as a pastoral team, like to prayerfully extend an invitation to our congregation to consider providing housing assistance through serving as a host home for an intern in the 2018-2019 ministry year, and beyond. If you are interested in having a conversation about serving in this way, please send an email to [intern@metbiblechurch.ca](mailto:intern@metbiblechurch.ca) or call the church office.

### Ushers

As an Usher you provide a hospitable experience to all who walk into the Sanctuary on Sunday morning by making sure they feel loved and welcomed. We need 20 more Ushers to welcome people effectively. Would you consider joining the Ushers' team? Women, men, young, and old are all welcome. Visit [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve) to sign up.

### Café Volunteers

The Met Café is all about hospitality. We want to engage visitors and regular attendees of The Met through Christ-like hospitality. All of the profits generated from The Met Café go to a missionary or ministry organization. We are looking for bakers, cashiers, and baristas and will provide all training required. Sign up today at [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve).

### Security Team

We are a big church and have a big responsibility to ensure that people are safe. We need 6 more security volunteers to serve on our security team to help ensure that everyone who comes through our doors is entering into a safe environment. If you care about people's safety, if you are a protector, if you have high awareness of your surroundings, join our security team. Sign up today at [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve).

### Greeters

Do you love welcoming people with a smile and making sure that they are shown the love of Christ as soon as they walk through the doors? We are in need of 10 greeters. As a greeter you are the one who waits at The Met doors and ensures that everyone knows that they are welcome to come and see what Christ has done for us. Join our greeters' team and be a part of welcoming people to The Met. Whether you are serving as a family or an individual, we would love to have you. Sign up today at [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve).

**Need Prayer?** Email [metcare@metbiblechurch.ca](mailto:metcare@metbiblechurch.ca)

Emergency Prayer : Pastor Randy at [rjust@metbiblechurch.ca](mailto:rjust@metbiblechurch.ca)

**Office Hours:** Weekdays 9 am - 5 pm, Sundays between worship services

 613.238.8182

 [metbiblechurch.ca](http://metbiblechurch.ca)

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