

Engage.
Establish.
Equip.



THE MET

March 24, 2019

Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing, and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ, through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



MET
KIDS

We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

Today

Born Again From Above

The Joy of New Birth (John 3:16-21)

Greg Koczyk, Youth Pastor

Songs: Crown Him With Many Crowns • Come Behold The Wondrous Mystery • 10,000 Reasons (Bless The Lord) • O Lord, My Rock And My Redeemer • All I Have Is Christ. *Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.*

Classes:

Establish: The Unfolding Story of God - Biblical Theology • 9am • Fireside Rm

Equip: Sacred Marriage • 9am • Rm 205-207

Equip: Men@Work • 11am • Rm 205-207

Guatemala Short Term Mission Trip Meeting • 12:30pm • Fireside Rm

Next Week:

An Invitation to Paradise

A Journey of Loneliness (Luke 22:39-62)

Jonathan Griffiths, Lead Pastor



Sermon Notes

follow along with
free YouVersion app



WIFI

user: metguest
pass: met@church

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and muffin at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with our discipleship pastor, Adam Callaway, to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

Give

We have many different ways for you to worship God through giving. Check out metbiblechurch.ca/give for more information.

This Week

MONDAY

Men's Bible Study Fellowship • 6:55PM • RM 265
Drop-In Sports: Basketball • 7PM • GYM
BRIDGES: Christians Connecting with Muslims • 7PM • FIRESIDE RM

TUESDAY

METYouth (Junior High and High School) • 6:30PM • 2ND FLOOR

WEDNESDAY

Woman To Woman • 9:15AM • GYM (Childcare provided)
METOrchestra Rehearsal • 6PM • CHAPEL
METChoir Rehearsal • 7PM • CHAPEL
Women's Evening Edition • 7PM • FIRESIDE RM
Men's Study: Creation to Babel • 7PM • LOUNGE
Prayer Focus • 7PM • RM 211

THURSDAY

Seniors • 9:30AM • GYM
Awana • 6:30PM • GYM
Men's Study: Discipleship Explored • 6:30PM • LOUNGE
METYoung Adults • 7PM • CHAPEL

FRIDAY

Christian Service Brigade (CSB) • 7PM • GYM
Drop-In Sports: Floor Hockey • 9PM • GYM

SATURDAY

METYouth eXllt Strategy • 6:30PM • LOUNGE

Family News & Events

Missionary of the Week - David Umune, President of The Evangelizers Team Ministry International (TETMI), along with his wife, Hope, strive to fight spiritual darkness by preaching the forgiveness of sin through the grace of God, also providing health care, education, and clean water. Pray for the family as David is busy with ministry and needs to continue to balance family/ministry time. Pray for the Team to continue to be unified in purpose as they serve together. Pray for all those they come in contact with that the love of God will be received openly.

Thank you from Hockey Ministries International - Amber and I would like to thank you for including us in the Missions Conference this past year. Due to your generous financial support we gave 66 customized Bibles to the players on 5 Junior hockey teams in the Ottawa area. Thank you for enabling us to get God's Word into the hands of these young hockey players. We are so grateful. Joe Smith, HMI Ottawa

Family News & Events

WE'RE HIRING • Administrative Assistant: Receptionist

This full time position is a vital link between our church ministry and the congregation. The ideal individual will create a positive and inviting impression of the church and its ministry, and represent an important administrative resource. Detailed job description and application process at metbiblechurch.ca/joinourteam.

Financial Update - To the end of February, income to our General Fund totaled \$424,086 while expenses were \$529,920. This leaves us with a deficit of \$105,834 for the two months of January and February. Attendance was impacted on several Sundays by difficult weather, which also impacted our offerings. However, our expenses are not dependent on weather. You can donate securely online or sign up for pre-authorized donations. Thank you for your generous support!

MAR 31 • WELCOME TEAM VOLUNTEER TRAINING • 12:30PM • GYM

Training session for those on our Welcome Team or those wanting to serve. Lunch will be provided; Register at metbiblechurch.ca/events.

MAR 31 • CHURCH WIDE PRAYER • 6PM • GYM

We will be praying for our ministries, missionaries, and church. Light refreshments will be served after prayer.

APR 5 • PARENT/GRANDPARENT/MENTOR FORUM • 6:30PM • CHAPEL

Rick Hiemstra of the Evangelical Fellowship Of Canada will present practical ways we can help our youth and young adults stay connected to the church and their faith. Register at metbiblechurch.ca/events.

APR 7 • AN INVITATION TO PARADISE CONCERT • 7PM • SANCTUARY

Join us as the METChoir and Orchestra present their Spring Concert, celebrating the Glory of God during the Easter season.

APR 14 & 28 • MEMBERSHIP CLASS • 11AM • ROOM 211

This 2 part class is open to anyone who is interested in learning more about who we are and most importantly, what we believe at The Met. Register at metbiblechurch.ca/events.

MAY 2 • NATIONAL PRAYER BREAKFAST • 7:30AM • DELTA HOTEL, OTTAWA

Each year Parliamentarians, Senators, Ambassadors, Supreme Court Justices, clergy, Canadian leaders, and the public come together to pray and celebrate the Christian faith. Details and tickets are available at canadaprayerbkfast.ca.

Friends For Dinner

Easter weekend is a great time to show hospitality to international students who are alone and share with them the meaning of Good Friday and Easter Sunday. Register to host by April 7 at friendsfordinner.ca.

CHURCH - WIDE
PRAYER

SUNDAY MAR 31 // 6PM

PARENT/GRANDPARENT/MENTOR FORUM
**FOSTERING FAITH IN OUR
YOUTH & YOUNG ADULTS**

APRIL 5TH | 6:30PM | FIRESIDE ROOM

Please register at metbiblechurch.ca/registrations

MEMBERSHIP

TAKE A CLASS • BECOME A MEMBER

STARTS APRIL 14TH

11AM



Instagram & Facebook:
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