Engage. Establish. Equip.



Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing, and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ, through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, you are welcome here.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

METKids Special Events · Summer Camps

Vacation Bible Camp • Jul 8-12 MetroHoops Basketball Camp • Jul 15-19 METKids Summer Camp • Jul 22-26 METKids Summer Camp • Jul 29-Aug 2 METKids Summer Camp • Aug 6-9

Registration is now open at **metbiblechurch.ca/camps** Want to volunteer? Visit **metbiblechurch.ca/serve**

Today

An Invitation to Paradise

A Journey to Understanding (Luke 24:13-35) Jonathan Griffiths, Lead Pastor

Songs: Come People Of The Risen King • All Creatures Of Our God And King • Show Us Christ • Take My Life And Let It Be Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.

Classes:

Establish: The Unfolding Story of God - Biblical Theology • 9am • Fireside Rm Equip: The Families of God • 9am • Rm 205-207 Membership Class (Part 2) • 11am • Rm 211 Marriage Preparation Class • 11am • Rm 209

Newcomers' Receptions • 10:15am & 12:15pm • Fireside Rm Church Wide Prayer • 6pm • Gym

Next Week:

An Invitation to Paradise

The Great Arrival (Luke 24:36-53) Jonathan Griffiths, Lead Pastor



Sermon Notes follow along with free YouVersion app



user: metguest pass: met@church

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway, to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

Give

We have many different ways for you to worship God through giving. Check out metbiblechurch.ca/give for more information.

This Week

MONDAY

Men's Bible Study Fellowship • 6:55рм • Rм 265 Drop-In Sports: Basketball • 7рм • Gүм

TUESDAY

METYouth (Junior High and High School) • 6:30pm • 2ND FLOOR

WEDNESDAY

Woman To Woman • 9:15AM • GYM (Childcare provided) Women's Evening Edition • 7PM • FIRESIDE RM Men's Study: Creation to Babel • 7PM • LOUNGE Christianity Explored • 7PM • RM 205 Prayer Focus • 7PM • RM 211

THURSDAY

Seniors • 9:30AM • GYM Awana • 6:30PM • GYM Men's Study: Discipleship Explored • 6:30PM • LOUNGE METYoung Adults • 7PM • CHAPEL The Haven • 6:30PM • THE HUB

FRIDAY

CSB (Christian Service Brigade) • 7рм • Gүм Drop-In Sports: Floor Hockey • 9рм • Gүм

SATURDAY

Essentials of Inductive Bible Study • 9AM • RM 205 CanCare Luncheon • 11AM • THE HUB

Church Family News

Missionary of the Week

Dave and Judy Wright are engaging the Canadian church with sharpened evangelism/discipleship tools from their overseas church plants. Their desire is to equip churches to thrive, they are writing and teaching a new disciple-making series called, 'Establish' Pray for wisdom in writing and mentoring relationships across a cultural and theological divide (Aboriginal, Metis, white, charismatic and conservative.) Pray for team unity as they work.

Financial Update

Income to the end of March was \$709,177 and expenses totalled \$797,373 leaving us with a deficit of \$88,196. We will be monitoring expenses closely and making reductions as necessary to get back in the black. Thank you for your giving to the Lord's work! Please take the time to review the bulletin insert on financial stewardship prepared by our Treasurer Lou Ranahan.

Events

WE'RE HIRING:

ASSISTANT COACHES • 4 students (16 years+) to assist with our METKids Summer Camps. We are also looking for 8 students (ages 13-15) to volunteer as Coaches In Training.

Visit **metbiblechurch.ca/camps** for information and to apply. **CUSTODIAL TEAM** • Are you oriented to aspects related to facility and maintenance? We are looking for the right person to provide part-time custodial support. Apply at **employment@metbiblechurch.ca**.

MET SCHOLARSHIP FUND

This fund is available to high school students to apply for funding towards their education at a Christian College or University. Apply at **metbiblechurch.ca/youth**.

APR 28 · Newcomers' Reception · 10:15am & 12:15pm · Fireside Rm

If you are new to The Met this is an opportunity to get to know more about who we are and what we believe, as well as chat with Met leaders. Please join us. Receptions will be held after both worship services.

APR 28 · Church Wide Prayer · 6pm · Gym

Please join us as we pray for our ministries, missionaries, and church family. Light refreshments will be served after prayer.

MAY 5 • MET25-35 Christianity in the Workplace • 5pm • Chapel

An opportunity for MET 25-35's to hear from panelists who have had success in their walks with Christ and in their professional lives. This is a potluck event, bring a ready-made meal to share with the group. Children are welcome but no childcare will be provided.

MAY 11 • MET25-35 TULIP FESTIVAL PICNIC • 11AM • COMMISSIONERS PARK MET25-35's, bring your family and friends and enjoy a stroll through the gardens at the Tulip Festival followed by a picnic lunch (bring your own). Meet at Commissioners Park (at the statue of "The Man with Two Hats').

MAY 19 · BRAZILIAN COMMUNITY POTLUCK · 12:30PM · FIRESIDE RM

Atenção, brasileiros! Are you a Brazilian and looking to connect with other Brazilians through a cultural group? We would love to have you join us for this potluck lunch.

MAY 24 & 25 • GRANDPARENTING MATTERS SEMINAR • 6:45PM • CHAPEL Join us and find inspiration, ideas and tools to help you realize your potential to grandparent in a meaningful way. Friday 6:45-9:15pm, Saturday 9am-12:30pm. Register at **metbiblechurch.ca/events**.

MAY 26 · MEMBERS' MEETING · 4PM · CHAPEL

Members will be voting on Ministry Board and Property Board directors. If you are not able to attend, please appoint a proxy to vote on your behalf. Proxy Forms are available in the church office (reception) or online at **metbiblechurch.ca/member**.



Newcomers' Reception April 28 FIRESIDE ROOM • 10:15 & 12:15





\$40:PERSON \$75:COUPLE

Please register at metbiblechurch.ca/register





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