

Engage.
Establish.
Equip.



THE MET

December 9, 2018

Welcome to The Met!

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing, and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ, through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy and for parents to connect between services

11AM Sunday School: For newborns to children up to grade 6

Today at The Met

New Sermon Series: Glory in The Highest

The Son Who Would Reign (Luke 1:26-38)

Jonathan Griffiths, Lead Pastor

Songs: The Carolin' Reel • Choir: Come Messiah King • Christmas Worship Medley • Choir: Infant Holy, Infant Lowly (Lord Of All) • O Come O Come Emmanuel • *Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.*

Classes:

Engage: The Word of God - What is the Bible? • 9am • Room 211-213

Establish: The Unfolding Story of God - Biblical Theology • 9am • Room 205-209

Equip: The Families of God - Healthy Homes • 9am • Fireside Room

MET Choir & Orchestra Christmas Presentation: The King Is Here

6pm • Sanctuary

Next Week:

The Lord Who Remembers (Luke 1:46-56)

Jonathan Griffiths, Lead Pastor



Sermon Notes

follow along with
free YouVersion app



WIFI

user: metguest
pass: met@church

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and muffin at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with our discipleship pastor, Adam Callaway, to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

Give

We have many different ways for you to worship God through giving. Check out metbiblechurch.ca/give for more information.

This Week at The Met

MONDAY

Men's Bible Study Fellowship • 7PM • Rm 265
GriefShare - Surviving the Holidays • 7PM • Fireside Rm
Drop-In Sports: Basketball • 7PM • GYM

TUESDAY

METYouth (Junior High and High School) • 6:30PM • 2nd floor

WEDNESDAY

Prayer Focus • 7PM • Rm 211

THURSDAY

Awana • 6:30PM • Gym
Men's Bible Study • 6:30PM • Lounge

FRIDAY

Christian Service Brigade (CSB) • 7PM • Gym
Drop-In Sports: Floor Hockey • 9PM • GYM

SATURDAY

METYouth High School Christmas Party • 6:45PM • Lounge

Family News

Announcements of births, weddings, passings, anniversaries and salvations are welcome for this Family News section.

Email care@metbiblechurch.ca.

Special Christmas Offering - Each Christmas, we take a special offering over and above regular giving. This year, we would like to share the offering with two city ministries that minister Christ to those in need in our community. The first \$10,000 of the special offering will be split between Jericho Road Ministries and Ottawa Inner City Ministries. The balance will go to support Met ministries where most needed. Please use the Special Offering envelopes in the bulletin on December 16 and 23 or write "Christmas" on your envelope. Thank you for your generosity!

Missionary of the Week: T-Net (Teleo Network) is working in over 40 countries with more than 12,000 pastors and leaders in training. Pray for Jay and Nancy Klopfenstein and their work with this ministry. Pray for Teleo University, that they will be able to obtain the highest accreditation possible to provide degrees to under-privileged, developing world pastors.

Events

Register at metbiblechurch.ca/events

FRIENDS FOR DINNER - CHRISTMAS

There are hundreds of international students in our region who are eager to enjoy a Christmas meal in a home away from home. Sign up at the kiosk in the lobby or go to friendsfordinner.ca. Register by Dec 11.

DEC 10 • GriefShare - Surviving the Holidays • 7-9 PM • FIRESIDE RM

This is a 1-session video and discussion class for anyone who has lost a loved one and is looking for support as they journey through grief during the holiday season. Register at metbiblechurch.ca/christmas.

DEC 15 • METYOUTH HIGH SCHOOL CHRISTMAS PARTY • 6:45 PM • LOUNGE

METYouth High School is having a semi-formal Christmas Party. Join us for an evening of delicious food, games and friends!
Register at metbiblechurch.ca/christmas.

DEC 16 • MET 25-35 FAMILY FRIENDLY CHRISTMAS DINNER • 4:30 PM • GYM

Invite your friends and join us for a Christmas Dinner and activities. New clothing and toiletry donations will be accepted for Restoring Hope Ministries. For cost and registration visit metbiblechurch.ca/christmas.

DEC 18 • METYOUTH JUNIOR HIGH CHRISTMAS PARTY • 6:50 PM • GYM

JH students will spend time doing Faith in Action for some local ministries followed by Christmas-themed games, food and crafts.
Register at metbiblechurch.ca/christmas.

DEC 24 • "GLORY" - CHRISTMAS EVE AT THE MET • SANCTUARY

Join us for our Christmas Eve services at 2, 4, and 6 pm in the Sanctuary. Children's Program is available at 4 pm for newborns to 2 yrs old. Free shuttle bus is available. Details at metbiblechurch.ca/christmas.

JAN 16 • METWOMEN WINTER STUDY START UP • 9:15 AM & 7 PM • GYM

Complete in Christ: A Study in Colossians. Colossians teaches us that we are complete in Christ because of who Jesus is and you can live and walk in a new, abundant life. Children's program available at 9:15 am. For more information and to register visit metbiblechurch.ca/women.

JAN 16 • ALPHA • 7 PM • FIRESIDE RM

Alpha is a 10-week course that provides an introduction to the Christian faith through engaging video presentations and conversation around tables. Refreshments served. Register at metbiblechurch.ca/events.

JAN 22-APR 30 • PERSPECTIVES IN WORLD MISSIONS • EAST GATE ALLIANCE

In this 15-week course taught by veteran missionaries, influential strategists, and professors, you'll get the opportunity to discover what God is doing around the world and better understand your part in His purposes. For details and to register visit perspectivescanada.org.

WEATHER CANCELLATIONS - Weekday morning programs will be cancelled if school buses do not run. Evening programs will be assessed based on weather/road conditions and a decision will be made by 3 pm.

Sunday Mornings: In the event of inclement weather, a decision to cancel morning services will be made by 6:30 am. Cancellations will be communicated on our website (metbiblechurch.ca), broadcasted on CHRI, CFRA, and a message will be available on The Met office greeting (613- 238-8182 x 260).



THE KING
is
HERE

MET Choir & Orchestra Presentation
with METKids Choir

TONIGHT • 6:30PM

metbiblechurch.ca/christmas



CHRISTMAS EVE
AT THE MET

DEC 24 • 2PM • 4PM • 6PM



Alpha

Alpha
COURSE

WEDNESDAYS | STARTING JANUARY 16TH



Instagram & Facebook:
[@metbiblechurch](https://www.instagram.com/metbiblechurch)

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