



14 DAYS OF PRAYER

Prayer & Fasting

Daily Guide

Continue steadfastly in prayer,
being watchful in it with thanksgiving.
- *Colossians 4:2*

TABLE OF CONTENTS

Introduction	4
Daily Prayer Guide	
Day 1: Personal and Corporate Repentance	6
Day 2: The Gospel	7
Day 3: The Lead Pastor Search Committee	8
Day 4: The Elder Board	9
Day 5: The Met Church	10
Day 6: Future Lead Pastor’s Preparation	11
Day 7: Thanksgiving for God’s Faithfulness and Answered Prayer	12
Day 8: Faithfulness to God’s Word and Christ’s Mission for the Church	13
Day 9: The Met Staff	14
Day 10: Pastoral Leadership and Equipping Ministry at The Met	15
Day 11: The Met Congregation	16
Day 12: Pastoral Team at The Met	17
Day 13: Our Individual Daily Walk with the Lord	18
Day 14: Decision-making by the Lead Pastor Search Committee	19
References	19

“Those who have been brought under the authority of Christ and the Bible know that the will of God is for us to pray. But we also believe that His will is good”.
- Donald Whitney

INTRODUCTION

Why are we fasting during the Lead Pastor transition?

“Christian fasting is a believer’s voluntary abstinence from food for spiritual purposes. A normal fast involves abstaining from all food, but not from water.”

- *Donald Whitney*

The biblical purpose for fasting during this time of transition is to affirm our total dependence on the Lord for wisdom and guidance during the pastoral search process. It is important to pray regularly while fasting. In his book, entitled *Spiritual Disciplines for the Christian Life*, Donald Whitney highlights the various motivations to pursue fasting, including:

- strengthening our prayers
- seeking the guidance of the Lord
- expressing grief
- seeking deliverance or protection
- expressing repentance and returning to the Lord
- humbling ourselves before the Lord
- expressing concern for the work of the Lord
- ministering to the needs of others
- overcoming temptations and dedicating ourselves to God
- expressing love and worship to God

“Consecrate a fast; call a solemn assembly. Gather the elders and all the inhabitants of the land to the house of the LORD your God, and cry out to the LORD.”

- *Joel 1:14*

INTRODUCTION

What is fasting and why do we do it?

You can learn more in the following articles:

- [Fasting for Beginners](#)
- [The Place of Fasting in the Christian Life](#)
- [Sharpen Your Affections with Fasting](#)

How will you participate?

You don't need to feel guilty or have had any previous experience with fasting. There are different ways to participate. Prayerfully consider how you are able to participate. It does not need to be done perfectly. Every prayer matters. The goal isn't perfection; but seeking God, humbling ourselves before Him, expressing dependence upon Him, and devoting ourselves to prayer.

- **Option 1: Pray through the daily prayer prompt** each day.
- **Option 2: Intentional Replacement.** Pick an activity that you do daily, abstain from it, and use this additional time for further prayer (i.e. instead of going for coffee or checking social media).
- **Option 3: Meal fast.** Pray daily and fast one meal per day and pray through the meal (i.e. breakfast; dinner).
- **Option 4: Day fast.** Pray daily and choose one or more days to fast for 24 hours (from dinner one day to before dinner on the next day) to spend more time in prayer.

DAY 1

Personal and Corporate Repentance

“Draw near to God and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded.”

- *James 4:8*

Prayer focus:

- Thank God for His forgiveness and for His grace in salvation through Jesus Christ
- Surrender your will under Christ's will
- Ask for the Lord's forgiveness and mercies in areas that we have not been in full obedience to Christ
- Ask for the Lord's mercies in areas where we have walked by sight and not by faith
- Ask for the Lord's mercies where we have not loved as Christ loves the church
- Ask for forgiveness from the spirit of envy, pride, lust, backbiting, jealousy, holding grudges, spitefulness, and showing lack of compassion or grace to fellow believers

DAY 2

The Gospel

“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

- *Matthew 28:19-20*

“The gospel is not just the ABC’s but the A to Z of the Christian life. It is not only the way we enter the kingdom, it is the way we advance in the kingdom.”

- *Tim Keller*

Prayer focus:

- Thank God for the worldwide ministry of the gospel
- Thank God for the mission work done through The Met
- Pray for the continual ministry of Missions at The Met
- Pray for the people of The Met, both pastors and congregants, to effectively and boldly share the light of the gospel
- Pray that as people hear the gospel many in our city would put their faith and trust in Jesus

DAY 3

The Lead Pastor Search Committee

“Prayer is essential in every stage of your pastoral search, from choosing a pastoral search committee to praying for your next pastor. Be sure to do more than just talk about praying. What your local church really needs to do is organize prayer and actually put it into practice.”

- *Chris Brauns*

Prayer focus:

- Thank God for those He has called to the Lead Pastor Search Committee (LPSC), to serve Him well
- Pray for divine wisdom and guidance for the LPSC
- Pray for unity of mind and spirit amongst committee members
- Pray for patience that they would wait upon God's timing to reveal our next Lead Pastor
- Pray for a clear recognition of the man God has next for The Met Church

DAY 4

The Elder Board

“The saying is trustworthy. If anyone aspires to the office of overseer, he desires a noble task. Therefore an overseer must be above reproach, the husband of one wife, sober minded, self-controlled, respectable, hospitable, able to teach, not a drunkard, not violent but gentle, not quarrelsome, not a lover of money.”

- *1 Timothy 3:1-3*

Prayer focus:

- Thank God for our Elder board, for their leadership and shepherding of The Met
- Pray that the elders would be above reproach, blameless, faithful to their wives, not over-bearing or quick tempered, not given to drunkenness, not violent, and not pursuing dishonest gain
- Pray that they would seek God’s will in all things and that the Lord’s name will be glorified in their final decisions
- Pray for spiritual discernment so they will be sensitive to the leading of the Lord
- Pray for unity and the spirit of one accord among the elders
- Pray for humility, divine wisdom, and the fear of the Lord as they navigate the interim period with humility and as they engage with the church and with one another

DAY 5

The Met Church

“But God has so composed the body, giving greater honor to the part that lacked it, that there may be no division in the body, but that the members may have the same care for one another. If one member suffers, all suffer together; if one member is honoured, all rejoice together. Now you are the body of Christ and individually members of it.”

- *1 Corinthians 12:24b-27*

“God’s work done in God’s way will never lack God’s supply.”

- *Hudson Taylor*

Prayer focus:

- Thank God that our elders, staff, and members are aligned in their desire to seek God as we search for a new lead pastor
- Pray that Satan would be prevented from sowing division
- Pray that we would be unified as a church family and follow Christ through this transition
- Pray for unity and harmony among staff
- Pray for strength for the additional workload on some staff during the transition
- Pray for God’s empowerment for the preaching team

DAY 6

Future Lead Pastor's Preparation

“But this is the one to whom I will look: he who is humble and contrite in spirit and trembles at my word.”

- *Isaiah 66:2*

Prayer focus:

- Pray that God would continue to work in the life of the man he has chosen as our next Lead Pastor and for the next season of ministry at The Met
- Pray that God would inflame in him a love for Christ, His Church, and His Word
- Pray that God would prepare His family for the ministry ahead

DAY 7

Thanksgiving for God's Faithfulness and Answered Prayer

“And he is before all things, and in him all things hold together. And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent.”

- *Colossians 1:17-18*

“If I did not believe that the church of God would be preserved, I should be of all men the most miserable. But I see that Christ has his church in his hands, and do what men or devils may, all is well with her.”

- *Charles Spurgeon*

Prayer focus:

- Thank Jesus for being the Head of the Church and Him who sustains it
- Praise God for using the Church to be how He proclaims and upholds His truth
- Thank God that the forces of evil cannot overcome Christ's Church
- Give thanks to the Lord for always meeting our needs spiritually and financially over the decades of The Met's existence
- Give thanks for the men and women of faith that have been drawn to our church over the years
- Give thanks for the enduring faithful leadership at The Met
- Give thanks for the eternal hope that we have in the Lord

DAY 8

Faithfulness to God's Word and Christ's Mission for the Church

“...whoever speaks, as one who speaks oracles of God.”

- *1 Peter 4:11*

“Where there is no prophetic vision the people cast off restraint, but blessed is he who keeps the law.”

- *Proverbs 29:18*

Prayer focus:

- Thank God for His continual mercy and Sovereign leading
- Pray that all our ministry activities and efforts will be in alignment with the Lord's vision
- Pray for clarity and understanding of God's purpose for the Church
- Pray that we will walk in God's vision for our lives

DAY 9

The Met Staff

But Jesus called to them and said, “You know that the rulers of the Gentiles lord it over them, and their great ones exercise authority over them. It shall not be so among you. But whoever would be great among you must be your servant, and whoever would be first among you must be your slave, even as the Son of Man came not to be served but to serve, and to give his life as a ransom for many.”

- *Matthew 20: 25-28*

Prayer focus:

- Thank God for the staff at The Met and their willingness to serve Him in this capacity
- Pray for guidance in the day-to-day responsibilities of The Met staff
- Pray for their daily physical health and spiritual growth
- Pray that the Lord will help The Met staff to faithfully fulfill their services at The Met
- Pray that The Met staff will be encouraged as they meet the diverse needs of our congregation
- Pray for unity of purpose and positive dynamic among Met staff

DAY 10

Pastoral Leadership and Equipping Ministry at The Met

“And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ...”

- *Ephesians 4: 11 - 13.*

Prayer focus:

- Thank God for His continued guidance as The Met church grows
- Pray for strength for pastoral leadership at The Met
- Pray for the Holy Spirit leading in choosing the appropriate pastoral leadership for The Met
- Pray for pastoral leadership that will continue to equip the Church for service to the Lord

DAY 11

The Met Congregation

“If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given to him.”

- *James 1:5*

“For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility...”

- *Ephesians 2:14*

“What binds us together is not common education, common race, common income levels, common politics, common nationality, common accents, common jobs or anything of the sort. Christians come together because they have been loved by Jesus Himself.”

- *D.A. Carson.*

Prayer focus:

- Thank God for providing us with biblical unity in diversity
- Pray that the Lord will make us a prayerful congregation
- Pray for healing for those that are sick among us
- Pray for peace and comfort for those that are bereaved
- Pray for all the volunteers for our ministry programs that they will be encouraged and be effective in their service to the Lord
- Pray for all our missionaries that they will feel supported and encouraged
- Pray for collaboration and spiritual growth among other Bible-believing churches in Ottawa

DAY 12

Pastoral Team at The Met

“Pay careful attention to yourselves and to all the flock, in which the Holy Spirit has made you overseer, to care for the church of God, which he obtained with his own blood.”

- *Acts 20:28*

“Spiritual leadership is not won by promotion but by many prayers and tears. It is attained by confession of sin and heart-searching in the presence of God.”

- *J. Oswald Sanders.*

Prayer focus:

- Thank God for the pastoral team currently serving The Met
- Pray that the Lord will strengthen the unity among the pastors and directors
- Pray for grace and wisdom for the tasks the Lord has set before them
- Pray the Lord will renew their strength (both physically and spiritually) on a daily basis
- Pray that they will be able to balance quality time with their families and in their ministry responsibilities
- Pray that the Lord will watch over and bless their households
- Pray for fruitfulness in their ministries

DAY 13

Our Individual Daily Walk with the Lord

“But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.”

- Galatians 5:22-23

“The greatest and best work that can be done in a Christian’s life is to make him more holy, to separate him more from sin and to make him more like Christ.”

- J.C. Ryle

Prayer focus:

- Thank God for calling each of us to Himself into His kingdom family
- Pray for divine wisdom and guidance on the issues that trouble us on a daily basis
- Pray for increased awareness of the Holy Spirit’s guidance in our lives
- Pray for intentional leaning on the Lord for day-to-day decision-making
- Pray for silencing the noise that surrounds us so we can attune to the voice of our Saviour as we study His Word daily
- Pray for renewed commitment to be obedient to our Saviour

DAY 14

Decision-making by the Lead Pastor Search Committee

“He must hold firm to the trustworthy word as taught, so that he may be able to give instruction in sound doctrine and to rebuke those who contradict it.”

- *Titus 1:9*

“And we urge you, brothers, admonish the idle, encourage the fainthearted, help the weak, be patient with them all.”

- *1 Thessalonians 5:14*

Prayer focus:

- Thank God for His Spirit for discernment throughout this process
- Pray for God’s wisdom and guidance for members of the search committee
- Pray for the leading of the Holy Spirit in all deliberations by the search committee
- Pray for God’s will in all decisions from the committee

References:

Adapted from “14 days of prayer and fasting daily guide” *from the sermon titled When the Bridegroom is taken away. They will fast with new wineskins. Delivered on January 3, 1993

Whitney, Donald,(2014) Spiritual disciplines for the Christian Life , Colorado Springs,NavPress, Tyndale Publishers

Thank you for

praying!