

Director Nominee, Ministry Corporation



Doug Perry

Coming to faith: I accepted Christ as my saviour when I was about seven or eight years old. It was after I had been to a gospel meeting with my family at a brethren hall on the outskirts of London, England. I was touched by how much Jesus suffered for my sake and later that night I asked Him into my heart.

Christian service and leadership: Since my late twenties, I have taught youth-age Sunday School classes in brethren assemblies (churches) in Toronto, Hamilton, and Ottawa. While there, I preached the gospel, learned the scriptures in weekly Bible studies, and participated in elder meetings to make decisions about congregational care.

Since coming to The Met in 2022, the Lord has opened the door to serve with the Connections and Outreach ministry by helping to facilitate Explored classes. I enjoy serving as a greeter and welcome center host on the Welcome team, and more recently I have occasionally preached at the Ravines retirement home. I also serve in the Men's ministry as a small group facilitator. In 2024, The Met graciously shepherded me by inviting me to join the Elder Development Program. That same year, I was blessed to study expositional preaching and sermon preparation in The Timothy Course.

Family: My wife Carol and I celebrated our 25th wedding anniversary in October. We have a daughter, Marissa, in her first year at Algonquin College, and a son, Alec, who enjoys going to MetYouth so much that he says he wouldn't even accept tickets to a Tuesday night Sens game. Both sides of our extended families are examples of Christian faith. Carol works with cancer survivors as a School and Work Counselor and in May I will be wrapping up a career at the WSIB and will be praying about what doors God will open after that.

What excites me about The Met's mission: What excites me about The Met's mission is that I have seen it used by God in my family for His glory. We came to The Met needing grace, care, and mercy, and we found these here in abundance. We have also found new purpose and boldness to serve God's people, and to engage in gospel work. We have had the immense blessing of The Met's staff and congregation coming alongside to disciple us. Our family has found that the mission to glorify God's name in Ottawa and around the world is alive and well in the hearts of the staff and congregation of The Met.

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Jean Abraham

Coming to faith: I grew up in a Christian home in Kuwait. Though I had godly parents and attended church regularly, I lived much like my unbelieving friends and wouldn't have considered myself a Christian. At that time, my family started attending a new church, where I began to see God's saving hand in my life. Sunday worship became more meaningful. Over the course of a few years, the great truths of Christ's work – his life, death, resurrection, and ascension – and what they meant for me began to sink in, changing my heart.

Christian service and leadership: I came to Canada as a university student and was introduced to Campus for Christ, where I deepened my study of Scripture, learned the importance of taking the gospel to the nations, and became more grounded in my faith. I have served as a Deacon at Westminster Chapel, Toronto, where I led the Food and Clothing ministry. I have led ESL outreach classes to internationals in Toronto and Louisville, Kentucky. I hold an undergraduate degree in Computer Engineering from McMaster University, and a Master of Divinity from The Southern Baptist Theological Seminary. Today, me and my wife lead a Met Community Group in our home. I currently work as a Principal Architect for IBM, where I help Canadian enterprises build IT solutions.

Family: I am married to Breanne and we have three children: Sophia (5), Ezra (3), and Petra (1). We live in the Ottawa countryside to enjoy as much of God's beautiful creation as possible.

What excites me about The Met's mission: I am excited to see God advancing His Kingdom through The Met in such a strategic location in Canada. I am very grateful for the men who faithfully feed the flock from the Word. My prayer and anticipation for The Met is that God would equip every believer "for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ" (Eph 4:12-13).

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Jeff Lauzon

Coming to faith: I attended an evangelical church for four years growing up in Montreal but was never converted. After moving to Ottawa when I was 14, I stopped attending church and lived for the world. In my early twenties I got into bodybuilding and developed an addiction to steroids which lasted about 3.5 years. The Lord brought a Spanish girl (Asilica) into my life who was a Christian and witnessed to me. My addiction to steroids eventually led to a rock-bottom experience where I contemplated suicide. By God's grace, I decided to surrender my life to Christ and turned to Him in repentance and faith. The Lord saved me on December 29, 1994 at age 23. He radically transformed my life, giving me a new heart with new desires. I was instantly delivered from my steroid addiction. The Lord gave me a hunger to know Him through the Bible and prayer which continues today. I have tasted and seen that the Lord is good (Psalm 34:8).

Christian service and leadership: Prior to The Met, I taught various Bible studies and designed a discipleship program for new believers that I led for about eight years. Since coming to The Met in 2021, I have served at MetMen in various capacities: as a group leader, teaching for the fellowship, serving on the Men's Council (leadership team) for the last three years, and being part of the curriculum team over the last two years.

Family: I am married to Asilica who is originally from Venezuela. We celebrated 30 years of marriage in June 2025. Our son Daniel (23) served as an intern at The Met from 2024-25 and is now pursuing full-time ministry. He is on staff at Trinity Bible Church in Osgoode.

What excites me about The Met's mission: I love The Met's focus on expository preaching. We are privileged to receive excellent biblical messages. Faithfulness to God's Word flows through all The Met's ministries. I also love the emphasis on relationship building, which I have seen firsthand at MetMen. My son has been blessed through the great relationships he developed at MetYA. I like that The Met remains focused on the importance of missions and reaching the lost. Lastly, I have seen the leadership and congregation humbly and sincerely seeking the Lord's direction in prayer during this period of transitional leadership. I believe the Lord will answer those prayers and that great days are ahead for The Met. To God alone be all the glory!

Other relevant experience in preparation for this role: I completed a term on the board of a large church. I work in business process improvement and provide support to the call centre of the Canadian Medical Protective Association. My job requires problem solving as I work on policies, procedures, change management, system enhancements, and provide operational support.

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Julian Brainerd

Coming to faith: I grew up in a Christian home. However, my own faith journey began with me accepting Christ as my Lord and Saviour at a Youth for Christ Camp in Sri Lanka, at age 15. As I look back, through the years the Holy Spirit has orchestrated seasons of Christian growth, often through others who guided me to apply God's Word in my life. Specific areas of obedience and growth I recall include immersion baptism and the discipline of regular giving of my monetary resources and my time. I believe faith and obedience is an ongoing journey and I have been blessed at The Met through sound biblical teaching, discipleship, and fellowship.

Christian service and leadership: Over the last 24 years at The Met, I have served in a few areas of ministry. From 2004 to 2012, I taught Sunday School. For a number of these years I was on The Met Mission's Committee as well. My wife Pretheeva and I have been a part of a Met Community Group since 2002, and for many of those years we hosted and I led the group. As a family we have participated in a few short-term mission trips to Manitoulin Island, and between 2013 and 2017 we relocated to Sri Lanka to serve with Serving in Mission (SIM) in evangelism and discipleship work, and to explore further opportunities for SIM to pursue. From 2018 to 2024 I served on The Met Ministry Board.

Family: I met and married my wife Pretheeva in Toronto. We have been married for 28 years. We are blessed with three daughters and a son who all worship and serve at The Met.

What excites me about The Met's mission: The Met is a place where God's Word is taught and applied with love. I have benefited from discipleship and growth at The Met, and I am excited to participate in helping others connect and grow at this church. The Met is committed to applying Matthew 28:19-20, and I am excited to be a part of this mission in whatever capacity the Lord enables me.

Other relevant experience in preparation for this role: I work as a Telecommunication Policy Analyst with the federal government. As a volunteer, I am involved in development work in Sri Lanka and currently serve on the Board of a Canadian not-for-profit that seeks to develop medical services in underserved areas of Sri Lanka, in partnership with Christian mission organizations.

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Lou Ranahan



Coming to faith: I came to faith as a teenager. After I was married, Jean and I sought fellowship in Bible-believing churches across Canada as we moved during my career as a meteorologist.

Christian service and leadership: Since coming to The Met in 1988, I have served in a variety of leadership roles, including Executive Director, Elder, Treasurer, and Board Chair. I also served as Chair of the Property Search, Design, and Building Committees from 1997-2017.

Family: I have been married to Jean for 57 years. We have two daughters and three wonderful grandchildren. Our oldest daughter is in heaven, succumbing to cancer in 2016.

What excites me about The Met's mission: What excites me about The Met is what drew us to this church 37 years ago – it has a high priority for excellence in preaching and teaching God's Word.

Other relevant experience in preparation for this role: As the Lord gives me strength, I am willing to serve.

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Vitor Lüdke

Coming to faith: I have been blessed with Christian parents who pointed me to Jesus from a very young age. I came to faith as a child and God led me to confess Him publicly at age 12. This was when I was going through challenging times and my eyes were fully opened to see Jesus as the only friend and Saviour I can count on: the One who gave His own life for me on the cross. My life was changed by grace through faith in the Son of God. Since then, despite my sinful condition, God has been shaping me and the Holy Spirit has been leading me through a life of sanctification, as I aim to be more like Christ.

Christian service and leadership: God has given me the privilege of serving Him through music and worship at every church I have attended. It is a joy to serve on the Worship Team here at The Met. I have been serving in the Awana program for over six years as a large and small group leader and I also host and lead one of The Met Community Groups in our house.

Family: My wife Ana and I immigrated to Canada in 2008. We have lived in Winnipeg (4 years), Toronto area (6 years), and Ottawa (7 years). Ana is a Scientist and works at Health Canada. I'm a Software Product Manager with Ford Motor Company. We have been blessed with three children: Olivia (age 13), Stella (age 10) and Samuel (age 8).

What excites me about The Met's mission: I believe The Met is strategically positioned in Canada's National Capital region to make a difference in this country and to be used by God to build His Kingdom. I'm excited to see what God will do through The Met in this season of change, as we continue to seek His face and His guidance for our future.

Other relevant experience in preparation for this role: I'm a servant at heart and I'm ready to serve my Lord and Saviour Jesus Christ with humility in any capacity He calls me to.