Engage. Establish. Equip.



Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing and, most importantly, **hear from God's Word**.

Our mission at the Met is to glorify God by making disciples of Jesus Christ through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, you are welcome here.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

FEB 23 · SUNDAY SCHOOL SOCIAL • 1PM • GYM Enjoy a time of fun and fellowship with Met families. Bring your own lunch. Drinks and dessert are provided. Table games will be available for parents and kids.

MAR 17 & 18 · March Break Carnival · 8:30am-4:30pm

Two fun-filled days for kids ages 5-12. There will be carnival activities, sports, group games, Lego, a faith-based skit, and more. Come and bring your friends! Register at **metbiblechurch.ca/events**

2020 VBC, Metro Hoops & Summer CampsRegistrations for VBC and Summer Camps are now open! For more information: **metbiblechurch.ca/kids**

Today

Treasuring Christ Together

Treasuring Christ Through Gathering Together Jonathan Griffiths, Lead Pastor

Songs: All Creatures of Our God and King, His Mercy Is More, God the Uncreated One (King Forevermore), Reign in Us, Come People of the Risen King. Subscribe to our Spotify playlist "the Met - Sunday Worship Playlist" to listen to the songs we sing here at the Met.

Classes

Establish: The Doctrines of God - Systematic Theology • 9AM • RM 205 Equip: Healthy Homes - Marriage: What Did You Expect? • 9AM • FIRESIDE RM

MET25-35 & METYA Sports and Games Night • 7рм • GYM

Next Week:

Treasuring Christ Together

Treasuring Christ Through Wise Investing (Matthew 6:19-24) Jonathan Griffiths, Lead Pastor



Sermon Notes follow along with the free YouVersion app



WIFI
user: metguest

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at the Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Dave Rennalls at **drennalls@metbiblechurch.ca** to find out what the next growth step in your faith could be.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve

Give

We have many different ways for you to worship God through giving. Check out **metbiblechurch.ca/give** for more information.

This Week

MONDAY

Family Day - CHURCH CLOSED

TUESDAY

Bridges Meal Prep · 2PM · KITCHEN
METYouth (Junior High and High School) · 6:30PM · THEATRE
Marriage: What Did You Expect? · 7PM · FIRESIDE RM
Bridges · 7PM · OFFSITE: PEACE TOWER CHURCH

WEDNESDAY

METWomen^{AM} • 9:25AM • GYM METMen's Discipleship Group • 7PM • LOUNGE Alpha • 7PM • FIRESIDE RM Prayer Focus • 7PM • RM 211 METWomen^{PM} • 7PM • THEATRE

THURSDAY

METSeniors • 9:30AM • GYM Awana • 6:30PM • GYM METYoung Adults • 7PM • CHAPEL

FRIDAY

Christian Service Brigade (CSB) • 7PM • GYM Drop-in Floor Hockey • 9AM • GYM

SATURDAY

South Asian Fellowship • 6:30pm • CAFE

Church Family News

Missionary Focus

The Williams share the truth and love of Christ with Cambodians and make disciples by providing employment as an alternative to exploitative practices such as human trafficking. Pray for them as they settle into a new town, that they will be a light for Christ, and that many will come to know Him. Pray for God's wisdom and guidance as they establish their missional freedom business. Pray for relationships in their new community, specifically for people who will help move this ministry forward and people to disciple in the Lord.

Nominating Committees

The Nominating Committees have been struck for both corporations (Ministry and Property). For more information about the process: **metbiblechurch.ca/member-resources**

Members' Meeting Update

We were delighted with the turnout at last Sunday's meeting! The Ministry Board Budget (\$3,485,000) and Property Board Budget (\$201,750) were both passed. Your financial support will enable us to fulfill our ministry goals and advance our mission of engaging, establishing and equipping servants of the gospel on Ottawa and the nations of the world.

Events

TODAY • MET25-35 SPORTS AND GAMES NIGHT • 7PM • GYM The Christianity and Sexuality panel has been postponed to Apr 5. Join us for an evening of sports and games instead.

FEB 23 & MAR 1 · MEMBERSHIP CLASS · 11AM · FIRESIDE RM A 2-part class for anyone interested in learning more about who we are, what we believe at the Met and how you can become a voting member. Register at metbiblechurch.ca/events

FEB 23 • CHURCH-WIDE PRAYER • 6PM • GYM Join us as we gather as a church family to pray for our ministries, missionaries, and church family. A time of fellowship will be held after the prayer time and light refreshments will be served.

FEB 29 • MEN'S CONFERENCE • 8:15AM • WOODVALE PENECOSTAL CHURCH All men are invited to the Promise Keepers' conference to uncover the truth and lead a life of fullness now and for eternity. Cost is \$50 (includes lunch). Register at **metbiblechurch.ca/events**

MAR 7 • MET25-35 WINTER RETREAT • 9AM • GRACEFIELD RETREAT CENTRE A day of fellowship, teaching, and outdoor activities. Greg Kopczyk will be speaking. Cost is \$40. Register at metbiblechurch.ca/events

Weather-Related Cancellations

Decisions to cancel Sunday Services will be made by 6:30am. Weekday morning programs will be cancelled if school buses do not run and evening program cancellations will be assessed by 3pm. Cancellations will be communicated on our website, Facebook, Instragram, CHRI (99.1 FM - weekdays only), CFRA (580 AM), and a recorded message will be available at 613-238-8182 (x260).

March Break Carnival Volunteers

If you are around this March Break and looking for an opportunity to volunteer, we invite you to join us for our March Break Carnival on Mar 17 & 18 from 8am-5pm. It is going to be a fun time! For more information contact Seth Glardon at **sglardon@metbiblechurch.ca** or complete the serve form at **metbiblechurch.ca/serve**

Orchestra Musicians for Easter-Spring Season

We are currently seeking orchestra musicians (brass, strings, woodwinds) to play in the Met Choir & Orchestra. Players are asked to commit to rehearsals every other Wed night from 6-8pm as we prepare for our Easter Sunday morning services (Apr 12) and Spring Concert (May 24). Please contact worship@metbiblechurch.ca













Instagram & Facebook:

@metbiblechurch

2176 Prince of Wales Drive info@metbiblechurch.ca metbiblechurch.ca 613-238-8182