

Engage.
Establish.
Equip.



THE MET

May 12, 2019

Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing, and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ, through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

METKids Special Events • Summer Camps

Vacation Bible Camp • Jul 8-12

MetroHoops Basketball Camp • Jul 15-19

METKids Summer Camp • Jul 22-26

METKids Summer Camp • Jul 29-Aug 2

METKids Summer Camp • Aug 6-9

Registration is now open at metbiblechurch.ca/camps
Want to volunteer? Visit metbiblechurch.ca/serve

Today

Happy Mother's Day!

For All We Received - Thankful (Exodus 20:12)

Greg Koczyk, Youth Pastor

Songs: 10,000 Reasons (Bless The Lord), All Glory Be Forever, Crown Him (Majesty), Jesus Messiah, All Glory Be To Christ. *Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.*

Classes:

Establish: The Unfolding Story of God - Biblical Theology • 9am • Fireside Rm

Equip: The Families of God • 9am • Rm 205-207

Marriage Preparation Class • 11am • Rm 209

Next Week:

New Sermon Series: Who is Like Our God?

The Eternal God (Ps. 90:2, Rev. 1:8, John 8:58)

Jonathan Griffiths, Lead Pastor



Sermon Notes

follow along with
free YouVersion app



WIFI

user: metguest
pass: met@church

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway, to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

Give

We have many different ways for you to worship God through giving. Check out metbiblechurch.ca/give for more information.

This Week

MONDAY

Men's Bible Study Fellowship • 6:55PM • RM 265

Drop-In Sports: Basketball • 7PM • GYM

TUESDAY

METYouth (Junior High and High School) • 6:30PM • 2ND FLOOR

WEDNESDAY

Woman To Woman • 9:15AM • GYM (childcare provided)

Women's Evening Edition • 7PM • FIRESIDE RM

Men's Study: Creation to Babel • 7PM • LOUNGE

Christianity Explored • 7PM • RM 205

Prayer Focus • 7PM • RM 211

THURSDAY

Seniors • 9:30AM • GYM

Men's Study: Discipleship Explored • 6:30PM • LOUNGE

METYoung Adults • 7PM • CHAPEL

FRIDAY

CSB (Christian Service Brigade) Banquet • 6PM • GYM

METYoung Adults Overnight Retreat • 7PM • CHAPEL

Church Family News

Our heartfelt sympathies are extended to Jeff Gravel (Met Custodian) in the sudden passing of his father, Ronald Gravel on Thursday, May 2.

Samaritan's Purse Disaster Relief

We are thankful to once again partner with the Samaritan's Purse Disaster Relief Team as they minister to our neighbours affected by the recent flooding. We will be hosting the team as they assist homeowners with the cleanup of their damaged homes. If you would like to help prepare and serve meals for the team or assist in the cleanup efforts please visit metbiblechurch.ca/serve or contact the church office at 613-238-8182 for more details.

Missionary of the Week

Walid and Rima serve within the Arabic community through planting and discipling of Arabic speaking churches within Ottawa as well as through supporting churches overseas. Pray for their upcoming family and youth conference taking place in May, for an outreach conference in the Middle East, as well as for their 3 sons.

Events

We're Hiring:

Assistant Coaches • 4 students (16 years+) in paid positions to assist with our METKids Summer Camps. Visit metbiblechurch.ca/camps for information and to apply.

Custodial Team • Are you oriented to aspects related to facility and maintenance? We are looking for the right person to provide part-time custodial support. Apply at employment@metbiblechurch.ca.

MAY 12 • FIRST PLACE OPTIONS: OPERATION BABY BOTTLE

Pick up a Baby Bottle in the Lobby. Fill it with money in support of First Place Options as they minister to those facing unplanned pregnancies. Return bottles on Father's Day, June 16.

MAY 22 • FOSTER/ADOPTION INFORMATION NIGHT • 7PM • CHAPEL

Presentations from CAS, SAFE Families, a panel of foster/adoptive parents and those supporting them. Displays and resources will be available for further exploration. If you are already involved, come connect with us. Please RSVP at fosteradoptottawa@gmail.com.

MAY 24 & 25 • GRANDPARENTING MATTERS SEMINAR • CHAPEL

Join us and find inspiration, ideas and tools to help you realize your potential to grandparent in a meaningful way. Friday 6:45-9:15pm, Saturday 9am-12:30pm. Register at metbiblechurch.ca/events.

MAY 24 & 25 • METYOUTH HIGH SCHOOL SPRING RETREAT

This will be a time to focus on four people from scripture who were used by God through our theme "You Can't Do It". Grade 12 students can attend the Grad Retreat on May 23 before the weekend begins. Register at metbiblechurch.ca/events.

MAY 26 • MEMBERS' MEETING • 4PM • CHAPEL

Meeting notice, agenda, and director bios are posted on the bulletin boards and online at metbiblechurch.ca/member. Members will vote on directors and budgets. If you are not able to attend, please appoint a proxy to vote on your behalf. Proxy Forms are available online or in the church office (reception).

MAY 31-JUN 2 • METYOUTH JUNIOR HIGH SPRING RETREAT

If you are a Junior High student you will not want to miss our Spring Retreat where our theme will be "Face to Face with Jesus". Come learn more about Jesus, play some fun games and hang out together. Register at metbiblechurch.ca/events.

JUN 1 • THE BIG GIVE • 10AM-2PM (RAIN OR SHINE)

Invite your friends, family and neighbours for a fun day with bouncy castles, Little Ray's Reptiles and much more! We need many volunteers to help welcome our guests, sign up at metbiblechurch.ca/serve.



GRAND PARENTING MATTERS!

SEMINAR

MAY 24 - 25

\$40: PERSON
\$75: COUPLE

Please register at
metbiblechurch.ca/register



MAY 26 • 4pm



Instagram & Facebook:
[@metbiblechurch](https://www.instagram.com/metbiblechurch)

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