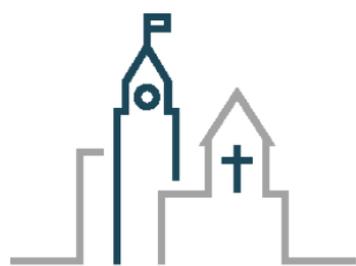


Engage.
Establish.
Equip.



THE MET

May 26, 2019

Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing, and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ, through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

METKids Special Events • Summer Camps

Vacation Bible Camp • Jul 8-12

MetroHoops Basketball Camp • Jul 15-19

METKids Summer Camp • Jul 22-26

METKids Summer Camp • Jul 29-Aug 2

METKids Summer Camp • Aug 6-9

Registration is now open at metbiblechurch.ca/camps
Want to volunteer? Visit metbiblechurch.ca/serve

Today

Who is Like Our God?

The Omnipotent God

Jonathan Griffiths, Lead Pastor

Songs: He is Our God, Praise To The Lord The Almighty, Cornerstone, O Lord My Rock and My Redeemer. *Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.*

Classes:

Establish: The Unfolding Story of God - Biblical Theology • 9am • Fireside Rm

Equip: The Families of God • 9am • Rm 205-207

Parent / Child Dedication Class • 9am • Rm 209

Marriage Preparation Class • 11am • Rm 209

Next Week:

Who is Like Our God?

The Unchanging God

Jonathan Griffiths, Lead Pastor



Sermon Notes

follow along with
free YouVersion app



WIFI

user: metguest
pass: met@church

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway, to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

Give

We have many different ways for you to worship God through giving. Check out metbiblechurch.ca/give for more information.

This Week

MONDAY

Drop-In Sports: Basketball • 7PM • GYM

TUESDAY

METYouth (Junior High and High School) • 6:30PM • 2ND FLOOR

WEDNESDAY

Christianity Explored • 7PM • RM 205

Prayer Focus • 7PM • RM 211

THURSDAY

Seniors • 9:30AM • GYM

Miracle Marnie Donor Match • 3PM • GYM

The Haven • 6:30PM • THE HUB

METYoung Adults • 7PM • CHAPEL

FRIDAY

METYouth High School Spring Retreat • 5:30PM • CIRCLE SQUARE

Drop-In Sports: Floor Hockey • 7PM • GYM

Church Family News

Samaritan's Purse Disaster Relief

Volunteers needed to help clean up over 900 homes affected by the flooding. If you willing and able to assist with these efforts please sign up at metbiblechurch.ca/serve or contact the church office at 613-238-8182 for more details. The team is in need of bilingual volunteers to assist with the relief efforts in Quebec.

2018 Audited Financial Statements

Statements for the Ministry and Property Boards will be presented at the Members Meeting on May 26. They are also available online at metbiblechurch.ca/give. Paper copies of statements can be obtained in the church office (reception).

Financial Update

Income to the General Fund at the end of April was \$967,867 and expenses were \$1,029,543. That leaves us with a deficit of \$61,677. We are working towards getting back in the black. The Easter Offering was \$21,963. Thank you for your generous giving!

Missionary of the Week

Walid and Rima serve within the Arabic community through the planting and discipleship of Arabic speaking churches within Ottawa as well as through supporting churches overseas. Pray for their upcoming family and youth conference taking place in May, for an outreach conference in the Middle East, as well as for their 3 sons.

Events

MAY 26 • MEMBERS MEETING • 4PM • CHAPEL

Check-in begins at 3:15pm. Come early and enjoy light refreshments beforehand. Meeting notice, agenda, and director bios are posted on the bulletin boards and on our member page. Members will vote on directors and budgets. If you are not able to attend the meeting, please appoint a proxy to vote on your behalf. Proxy Forms can be found at metbiblechurch.ca/member, paper copies can be obtained in the church office (reception).

MAY 31-JUN 2 • METYOUTH JUNIOR HIGH SPRING RETREAT

If you are a Junior High student you won't want to miss our Spring Retreat. Our theme will be "Face to Face with Jesus". Come learn more about Jesus, play some fun games and hang out together. Register at metbiblechurch.ca/events.

MAY 30 • STEM CELLS FOR LIFE • 3PM-7PM • GYM

Every person who registers brings hope to those waiting. The Miracle Marnie Foundation will be hosting a donor matching clinic at The Met for people aged 17-35. Take 10 minutes to fill out a questionnaire, and get a swab of the inside of your cheek. Miracle Marnie has an incredible goal of 1000 registrations. So invite your friends to be a part of this opportunity to help the hundreds of people requiring a stem cell match.

JUN 1 • THE BIG GIVE • 10AM-2PM (RAIN OR SHINE)

Invite your friends, family and neighbours to this opportunity to share the love of God through radical generosity at the Big Give. There will be food, bouncy castles, Little Ray Reptiles and more as we strive to engage our community with the gospel in a meaningful and casual way. metbiblechurch.ca/serve.

JUN 9 • BAPTISM CLASS • 11AM • FIRESIDE RM

If you are interested in being baptized at The Met, join us for our Baptism class. This is an opportunity to take an in-depth look at what baptism is. Register at metbiblechurch.ca/events.

JUN 17-20 • TIMOTHY TRUST SUMMER SCHOOL • 9AM-4PM

This four-day training course in biblical exposition will be an opportunity to grow in the faithful handling of God's Word. It will include lectures, discussion, model sermons and practical workshops in which participants will deliver short expositions and receive feedback. Led by Pastors Jonathan Griffiths and Adam Callaway, this course is open to anyone who wishes to develop their Bible-teaching skills. Register at metbiblechurch.ca/events.

JUNE 21-23 • MET25-35 SUMMER RETREAT • FRONTIER TRAILS

An opportunity to get away for some time of fellowship with God's people, to sit under God's Word, and to enjoy some wonderful food at Frontier Trails in Eaganville, ON. metbiblechurch.ca/events.

LEGO DONATIONS WANTED

Do you have lego at home that's no longer finding use? We are looking for lego donations for our 2019 summer camps. Donations can be dropped off at the office.



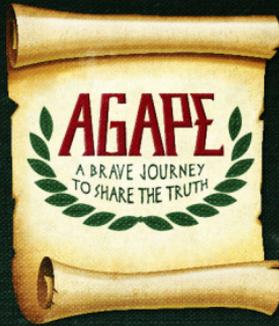
MAY 26 • 4pm



VBC
MET KIDS
JULY 8TH - 12TH

Early Bird - \$45
After May 31 - \$55
At the door - \$65
(if space is available)

register at metbiblechurch.ca/events



Instagram & Facebook:
[@metbiblechurch](https://www.instagram.com/metbiblechurch)

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