

Engage.  
Establish.  
Equip.



THE MET

June 9, 2019

# Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing, and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ, through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

**9AM Sunday School:** For newborns to children up to grade 6

**10:15AM METKids Hub:** Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

**11AM Sunday School:** For newborns to children up to grade 6

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## METKids Special Events • Summer Day Camps

**Vacation Bible Camp** • Jul 8-12

**MetroHoops Basketball Camp** • Jul 15-19

**METKids Summer Camp** • Jul 22-26

**METKids Summer Camp** • Jul 29-Aug 2

**METKids Summer Camp** • Aug 6-9

Registration is now open at [metbiblechurch.ca/camps](https://metbiblechurch.ca/camps)  
Want to volunteer? Visit [metbiblechurch.ca/serve](https://metbiblechurch.ca/serve)

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# Today

## Who is Like Our God?

The Independent God

Jonathan Griffiths, Lead Pastor

**Songs:** O For A Thousand Tongues To Sing, Forever, Lord Most High, I Exalt Thee. *Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.*

## Classes:

Establish: The Unfolding Story of God - Biblical Theology • 9am • Fireside Rm

Equip: The Families of God • 9am • Rm 205-207

Parent / Child Dedication Class • 9am • Rm 209

Baptism Class • 11am • Fireside Rm

Spaghetti Lunch (to benefit Short Term Mission Trips) • 1pm • Gym

## Next Week:

### Who is Like Our God?

The Incomprehensible God

Jonathan Griffiths, Lead Pastor



### Sermon Notes

follow along with  
free YouVersion app



### WIFI

user: metguest  
pass: met@church

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# Take your next steps

What is your next step in your walk of faith?

## Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway, to find out what the next growth step in your faith could be at [acallaway@metbiblechurch.ca](mailto:acallaway@metbiblechurch.ca).

## Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit [metbiblechurch.ca/serve](https://metbiblechurch.ca/serve).

## Give

We have many different ways for you to worship God through giving. Check out [metbiblechurch.ca/give](https://metbiblechurch.ca/give) for more information.

# This Week

## MONDAY

Drop-In Sports: Basketball • 7PM • GYM

## TUESDAY

METYouth (Junior High and High School) • 6:30PM • 2ND FLOOR

## WEDNESDAY

Prayer Focus • 7PM • RM 211

## THURSDAY

Teach Me To Study The Bible • 6:30PM • RM 205

METYoung Adults Bible at the Beach • 7PM • MOONEY'S BAY

## FRIDAY

Drop-In Sports: Floor Hockey • 7PM • GYM

# Church Family News

## Samaritan's Purse: Volunteers Needed

Samaritan's Purse is now actively helping those who were affected by the flood. If you are able to help with these efforts we need you! Please sign up at [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve).

## We're Hiring: Executive Assistant and METTykes Coordinator

For further details on either of these two roles, please visit our website [metbiblechurch.ca/joinourteam](http://metbiblechurch.ca/joinourteam).

## Church Staffing Update

We are excited to announce that Elizabeth Meed has joined our staff team as Administrative Assistant/Reception. Children's Ministry summer students Elsbeth Carpenter, Miriam Carpenter, Kaily McLean and Jocelyn Webber are hard at work planning our summer camps and VBC. Ryan McPherson will be joining them at the end of June. Summer student Julia Warren is focusing on METTykes summer and fall ministry planning. We are excited to see how the Lord will develop and employ each of their giftings as they serve in their respective ministries.

## Volunteer Appreciation

Let's all take a moment to thank those who serve so faithfully at The Met. Share some words of encouragement with them by filling out a thank you note in the lobby after the service.

## The Big Give

Thank you to all of those who invited guests, served and attended the Big Give. This was a great opportunity to engage with our community. Events like this could not happen without you.

## Short Term Missions Team Focus

This summer The Met is sending our short term missions teams to Rapid Lake, QC (July 7-12), Poland (July 15-30), and Guatemala (August 3-10). Pray for the health and safety of all those who will be participating, pray for the hearts of those who will hear the Gospel, pray for team unity, and pray for the ministry partners we will be working with.

# Events

## **JUN 9** • BAPTISM CLASS • 11AM • FIRESIDE RM

If you are interested in being baptized here at The Met join our baptism class. This is an opportunity to learn about what it means to be baptized.

## **JUN 9** • SPAGHETTI LUNCH (TO BENEFIT STM TRIPS) • 1PM • GYM

Bring your friends and family to our Fundraiser to benefit our 2019 Short Term Missions teams. The teams will be going to Rapid Lake, QC, Poland and Guatemala. Meet team members, find out about what they will be doing, and learn about how you can be praying for them. Vegetarian and gluten free lunch options will be available. Donations are appreciated.

## **JUN 13** • TEACH ME TO STUDY THE BIBLE • 6:30PM • RM 205

Do you long for a greater, more personal understanding of God and His Word? A way to study the Bible that will transform the way you think and live? With Inductive study, God Himself becomes your teacher as you learn how to "hang on His every word" and discover truth for yourself. Register at [preceptministries.ca](http://preceptministries.ca).

## **JUN 16** • OPERATION BABY BOTTLE

Next week is Father's Day, please remember to bring in your baby bottle filled with the money you've collected to support First Place Options.

## **JUN 18 & 25** • MICHAEL HAYKIN LECTURES • 7PM • CHAPEL

Michael Haykin is Chair and Professor of Church History & Director of The Andrew Fuller Center for Baptist Studies at The Southern Baptist Theological Seminary in Louisville, Kentucky. He will be giving two free talks at The Met. June 18 (Augustine: theologian for the church in the 21st century) and June 25 (Patrick: a missionary model for the 21st century). All are welcome.

## **JUN 23** • SUNDAY SCHOOL PICNIC & SOCIAL • 12:45-4PM • GYM

Join us for a fun event for all, especially families of kids in Sunday School. Come socialize, play games and fellowship with other families. Bring your own lunch; desserts and drinks provided. There will be no childcare. Register at [metbiblechurch.ca/events](http://metbiblechurch.ca/events).

## **JUL 8-12** • VBC VOLUNTEERS NEEDED • 9AM-12:30PM

If you are available to volunteer with VBC, please sign up now. We have nearly 300 children registered and are in need of many more volunteers to run the camp. Serve in crafts, snacks, running games or be a team leader. Fill out our 'Interest in Serving form' and select VBC at [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve).

## **SUMMER CAMPS**

This year we have 3 new camps in addition to VBC and MetroHoops. Kids will have an opportunity to choose one elective for the week (lego, performing arts or sports) and on the Friday of each week there will be a different outing. Don't forget to enrol your kids for one of these 3 great week-long camps. Register at [metbiblechurch.ca/camps](http://metbiblechurch.ca/camps).

## **LEGO DONATIONS**

Do you have Lego that's no longer being used? We are in need of donations for our Summer Camps (drop off at the church office).

# SPAGHETTI LUNCH

*to benefit the* 2019 MET SHORT TERM MISSIONS TRIPS

## SUNDAY, JUNE 9

1PM | GYM

\* Donations Appreciated



## VBC SUMMER

JULY 8TH - 12TH

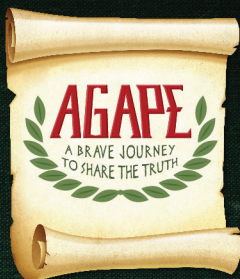
Early Bird - \$45

After May 31 - \$55

At the door - \$65

(if space is available)

register at [metbiblechurch.ca/events](http://metbiblechurch.ca/events)



# MET KIDS Summer Camps

JULY 22 - 26 | JULY 29 - AUG 2 | AUG 6 - 9

COST: \$180 - EARLY BIRD: \$170 (BEFORE MAY 1ST) | PLEASE REGISTER ONLINE



Instagram & Facebook:  
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