Engage. Establish. Equip.



Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing, and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ, through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, you are welcome here.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

METKids Special Events · Summer Day Camps

Vacation Bible Camp • Jul 8-12 MetroHoops Basketball Camp • Jul 15-19 METKids Summer Camp • Jul 22-26 METKids Summer Camp • Jul 29-Aug 2 METKids Summer Camp • Aug 6-9

Registration is now open at **metbiblechurch.ca/camps** Want to volunteer? Visit **metbiblechurch.ca/serve**

Today

Who is Like Our God?

The All-Knowing, All-Wise God Jonathan Griffiths, Lead Pastor

Songs: I Sing The Mighty Power Of God, His Mercy Is More, All My Ways Are Known To You. Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.

Classes:

Equip: The Families of God • 9am • Rm 205-207

Next Week:

Who is Like Our God? The Omnipresent God Jonathan Griffiths, Lead Pastor



Take **your** next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway, to find out what the next growth step in your faith could be at **acallaway@metbiblechurch.ca**.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit **metbiblechurch.ca/serve**.

Give

We have many different ways for you to worship God through giving. Check out **metbiblechurch.ca/give** for more information.

This Week

TUESDAY

METYouth (Junior High and High School) • 6:30PM • 2ND FLOOR

WEDNESDAY

Prayer Focus • 7PM • RM 211

THURSDAY METYoung Adults Bible at the Beach • 7pm • MOONEY'S BAY

FRIDAY

Drop-In Sports: Floor Hockey • 7рм • GYM



Volunteer Appreciation:

Let's all take a moment to thank those who serve so faithfully at The Met. Share some words of encouragement with our volunteers by writing a thank you note on the post-it's provided.

Volunteers are invited to pick up a treat as a thank you from our ministry team in the upper and lower lobbies.

Church Family News

Samaritan's Purse

Thank you to the over 300 people who were the hands and feet of Jesus as they served alongside the Samaritan's Purse team in the Ottawa region. They were able to complete 150 work orders and there were 3 decisions made for Christ. Please be praying for the team as they head to Pembroke to provide relief assistance there.

We're Hiring: METTykes Coordinator

For further details on this role, please visit our website at **metbiblechurch.ca/joinourteam**.

Financial Update

Income to the end of May to our General Fund was \$1,192,677 and expenses were \$1,258,934, leaving us with a deficit of \$66,257. We are monitoring expenses and trusting the Lord to help us balance our income and expenses towards the end of the year. Thank you for your generous giving!

Missionary Focus

John and Jennifer Brown lead Ministry to Africans in Canada, the "MAC" outreach of Africa Inland Mission. They focus on bringing the gospel to new Canadians from Africa and the Middle East. Please pray for 4 MAC camps this August in Ontario, Nova Scotia, and downtown Montreal. Pray for training forums that MAC is developing for African church leaders across the country. Pray as they develop vision, strategy and unity in the work.

Events

JUN 23 · SUNDAY SCHOOL PICNIC & SOCIAL · 12:30-2:30PM · GYM Join us for a fun event for all, especially families of kids in Sunday School. Come socialize, play games and fellowship with other families. Bring your own lunch; desserts and drinks will be provided. There will be no childcare.

JUN 30 · CHURCH WIDE PRAYER · 6PM · GYM

Please join us as we pray for our ministries, missionaries, and church family. Light refreshments are served and a time of fellowship is held after the prayer time.

JUL 7 · MEET & GREET · 10:15AM & 12:15PM · FIRESIDE RM

If you are new to The Met and looking for ways to make connections with others in our church community, we invite you to join us for this Meet & Greet. Our time together will be relational – where we can get to know each other in an informal, relaxed setting; as well as informational – where you can ask any questions you might have. Please join us, we'd love to get to know you!

JUL 8-12 · VBC VOLUNTEERS NEEDED · 9AM-12:30PM

If you are available to volunteer with VBC, please sign up now. We have over 300 children registered and are in need of many more volunteers to run the camp. Serve in crafts, snacks, running games or be a team leader. Fill out our 'Interest in Serving form' and select VBC at **metbiblechurch.ca/serve**.

SUMMER CAMPS · JUL 22 TO AUG 9 · 8:30AM-4PM

This year we have 3 new camps in addition to VBC and MetroHoops. Kids will have an opportunity to choose one elective for the week (lego, performing arts or sports) and on the Friday of each week there will be a different outing. Don't forget to enrol your kids for one of these 3 great week-long camps. Register at **metbiblechurch.ca/camps**.

DONATIONS FOR VBC & SUMMER CAMPS: SNACKS & LEGO

VBC is looking for snack donations for this year's camp. A table will be set up in the lobby where people can pick up a list of items. Remember, your donations must be nut free. Do you have Lego that's no longer being used? We are in need of donations for use at our Summer Camps programs. Donations of both items can be dropped off at the church office.

CHILDREN'S MINISTRY SUNDAY SUMMER VOLUNTEERS

The Sunday Children's Summer program will be starting on June 30 and we have a great need for volunteers who are 16 years of age and older to serve. This is a great opportunity to help out for 2 or 3 Sundays and allow those who serve regularly through the fall, winter and spring months to have a time of rest. Sign-up at **metbiblechurch.ca/serve**.





Early Bird - \$45 After May 31 - \$55 At the door - \$65 (if space is available)





COST: \$180 - EARLY BIRD: \$170 (BEFORE MAY 1ST) | PLEASE REGISTER ONLINE





2176 Prince of Wales Drive info@metbiblechurch.ca metbiblechurch.ca 613-238-8182