

Engage.
Establish.
Equip.



THE MET

July 7, 2019

Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing, and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ, through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

METKids Special Events • Summer Day Camps

METKids Summer Camp • Jul 22-26

METKids Summer Camp • Jul 29-Aug 2

METKids Summer Camp • Aug 6-9

Registration is now open at metbiblechurch.ca/camps
Want to volunteer? Visit metbiblechurch.ca/serve

Today

Who is Like Our God?

The Glorious God

Jonathan Griffiths, Lead Pastor

Communion Services at 9 & 11 am (all communion bread is gluten-free)

Songs: How Great Thou Art, May The Peoples Praise You, All Glory Be To Christ, Mercy (Jesus Paid It All) and Living Hope *Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.*

Meet and Greet • 10:30am and 12:30pm • Fireside Room 104

Next Week:

Who is Like Our God?

The Good God

Jonathan Griffiths, Lead Pastor



Sermon Notes
follow along with
free YouVersion app



WIFI
user: metguest
pass: met@church

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway, to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

Give

We have many different ways for you to worship God through giving. Check out metbiblechurch.ca/give for more information.

This Week

MONDAY

Vacation Bible Camp • 9AM • GYM

TUESDAY

Vacation Bible Camp • 9AM • GYM

METYouth - Nerf Night (Junior High and High School) • 6:30PM • GYM

WEDNESDAY

Vacation Bible Camp • 9AM • GYM

Prayer Focus • 7PM • RM 211

THURSDAY

Vacation Bible Camp • 9AM • GYM

METYoung Adults Bible at the Beach • 7PM • MOONEY'S BAY

FRIDAY

Vacation Bible Camp • 9AM • GYM

Church Family News

We're Hiring: METTykes Coordinator

For further details on this role, please visit our website at metbiblechurch.ca/joinourteam.

Missionary Focus

Jay and Laura Callaghan are missionaries with Africa Inland Mission, with a focus on "Ministry to Africans in Canada". They have a special focus on outreach to Africans new to Canada, refugees, children, youth and university students. They continue to provide medical outreach and support to the Samburu population in North Kenya. Pray for their involvement with Camp Soar, a weeklong outreach to African refugee children and youth. Pray for the details, planning, volunteers, funding, and that God would be working in the lives of the campers. Pray also for their family that they would find some much needed rest and family time this summer.

Family News

We extend our condolences to Rose Desjardins and family in the Homegoing of her husband Ray last Friday morning following complications from knee replacement surgery. A funeral service for Ray will take place on Saturday, July 13 at 11:00 am in The Met Chapel.

Events

JUL 7 • MEET & GREET • 10:15AM & 12:15PM • FIRESIDE RM

If you are new to The Met and looking for ways to make connections with others in our church community, we invite you to join us for this Meet & Greet. Our time together will be relational as well as informational – where we can get to know each other in an informal, relaxed setting. Please join us, we'd love to get to know you!

JUL 8-12 • VBC VOLUNTEERS NEEDED • 9AM-12:30PM

If you are available to volunteer with VBC, please sign up now. We still have kids on our waitlist and need your help to get them into the camp. Specifically, we need lead and assistant group leaders. Fill out our 'Interest in Serving form' and select VBC at metbiblechurch.ca/serve

JUL 22-AUG 9 • SUMMER CAMPS • 8:30AM-4PM

This year we have 3 new camps in addition to VBC and MetroHoops. Kids will have an opportunity to choose one elective for the week (Lego, performing arts or sports) and on the Friday of each week there will be a different outing. Enrol your kids for one of these 3 great week-long camps at metbiblechurch.ca/camps.

JUN 30 & JUL 7 • VBC SHIRT & CD DISTRIBUTION

Tables will be set up in the lobby for children and volunteers who are registered for VBC, distributing VBC t-shirts and CDs in between the services.

SNACK DONATIONS FOR VBC

VBC is looking for snack donations for this year's camp. Remember, your donations must be nut free. Snack donations can be dropped off at the church office during the week or between services on Sunday.

CHILDREN'S MINISTRY SUNDAY SUMMER VOLUNTEERS

The Sunday Children's Summer Program started on June 30 and we have a great need for volunteers who are 16 years of age and older to serve. This is a great opportunity to help out for 2 or 3 Sundays and allow those who serve regularly throughout the school year to have a time of rest. Sign-up at metbiblechurch.ca/serve.

METYOUTH SUMMER ACTIVITIES

METYouth will be hosting some awesome summer activities. If you are between grades 6 and 12, then join us on Tuesday nights! July 9: Nerf Night, July 16: Summer Games at The Met, July 23: Ice Cream Party. For more information, email Caleb at cbonney@metbiblechurch.ca.

LEGO DONATIONS

Do you have Lego that's no longer being used? We are in need of donations for our Summer Camps (drop off at the church office).



Meet & Greet July 7

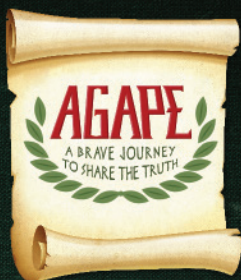
FIRESIDE ROOM • 10:15 & 12:15

VBC SUMMER

JULY 8TH - 12TH

Early Bird - \$45
After May 31 - \$55
At the door - \$65
(if space is available)

register at metbiblechurch.ca/events



MET KIDS Summer Camps

JULY 22 - 26 | JULY 29 - AUG 2 | AUG 6 - 9

COST: \$180 - EARLY BIRD: \$170 (BEFORE MAY 1ST) | PLEASE REGISTER ONLINE



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