

Engage.
Establish.
Equip.



THE MET

August 11, 2019

Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy and for parents to connect in between services

11AM Sunday School: For newborns up to 23 months

Today

Yet I Will Rejoice

Why Oh Lord (Habakkuk 1:1-2:1)

Adam Callaway

Communion Services at 9 & 11 am (all communion bread is gluten-free)

Songs: All Creatures Of Our God And King, Before The Throne Of God Above, I Will Wait For You (Psalm 130), The Lord Is My Salvation, O Great God *Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.*

Next Week:

Yet I Will Rejoice

The End from the Beginning (Habakkuk 2:2-20)

Greg Kopczyk



Sermon Notes

follow along with
free YouVersion app



WIFI

user: metguest
pass: met@church

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

Give

We have many different ways for you to worship God through giving. Check out metbiblechurch.ca/give for more information.

This Week

TUESDAY

METYouth - Service Night • 6:30PM • GYM

WEDNESDAY

Prayer Focus • 7PM • RM 211

THURSDAY

METYoung Adults • Bible at the Beach • 7PM • MOONEY'S BAY

Church Family News

Missionary Focus

Henry and Kara de Roos equip local churches to do evangelism, lead Bible studies in public schools, and minister to the Amish community in which they live. Henry also directs the work of evangelism with OAC here in Canada. Praise God for several salvations within the last 2 weeks, 1 Hindu girl who responded to the gospel presentation at a soccer camp in Mississauga and 3 local children through VBS. Pray for a Muslim man and his family from Mississauga who want to visit with Henry and Kara. Pray for wisdom and a good use of time to pursue several outreach avenues within the Amish community.

Looking to Serve?

Are you looking for somewhere to serve at The Met? Sign up at metbiblechurch.ca/serve and choose "I'd like to talk to someone about serving." We'd love to chat more with you about how you can get connected at The Met!



Events

AUG 11 • BACKPACK COLLECTION • UPSTAIRS MISSIONS KIOSK

We will be collecting backpacks filled with supplies for neighbouring communities. Pick up a supplies list at the upstairs Missions Kiosk and return the backpacks by August 11. August 13 is backpack distribution day which is a fun day of games, snacks, and ENGAGING with our Banff/Ledbury neighbours. For more information go to metbiblechurch.ca/outreach.

AUG 11 • ENGAGING KIDS • FIRESIDE ROOM 10:30AM

Have you considered the value of impacting children's lives with the gospel? Do you feel God's call to be his instrument in changing children's lives for eternity to come? Are you curious about children's ministry? Fall is just around the corner and, with it, a new season in METKids. Join us to learn more about what we do and how you can partner with families at The Met to Engage and Establish kids in the Gospel.

AUG 18 • MET 25-35 EAT TOGETHER • 6:00PM

MET25-35s are holding a BBQ at Britannia Beach in response to the #EatTogetherOttawa campaign (www.eattogetherottawa.ca). The event is "pay what you can," but let's be generous as all proceeds will be donated to the Ottawa Food Bank. Please register at metbiblechurch.ca/registrations by August 14.

AUG 22 & AUG 29 • METYOUNG ADULTS SUMMER END EVENTS • 7:00PM

MetYoung Adults will have a bbq in Manotick on August 22 to end off the summer studying through Galatians together at the beach. On August 29 there will be an Ask Anything evening at The Met. To learn more, visit metbiblechurch.ca/ya.

SEPT 8 • EVERYONE IN

This special event is a chance to see all the amazing ways in which you can use your gifts to serve in our church, in our community, and in our world. We want to EQUIP servants of the gospel to glorify God through their service. Visit the tables in the lobby to see all of the serving opportunities available!

AWANA

General registration is now open to all families. Please register at metbiblechurch.ca/events.

METYOUTH SUMMER ACTIVITIES

METYouth will be hosting some awesome summer activities. If you are between grades 6 and 12, then join us on Tuesday nights! August 13: Service Night at The Met; August 20: Pool Night; August 27: Bonfire Party. For more information, email Caleb at cbonney@metbiblechurch.ca.



MET 25-35

EAT TOGETHER

AUGUST 18 | 6-9PM BRITANNIA | BEACH

Register at metbiblechurch.ca/events



operation backpack

Fill a backpack, and drop it off at the upstairs missions kiosk by **August 11th**

Distribution on August 13th

THE DISCIPLE-MAKING PARENT CONFERENCE

Raising your children to love and follow Jesus Christ

October 19 | Register at metbiblechurch.ca/events



Instagram & Facebook:
[@metbiblechurch](https://www.instagram.com/metbiblechurch)

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