

Engage.  
Establish.  
Equip.



THE MET

August 18, 2019

# Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

**9AM Sunday School:** For newborns to children up to grade 6

**10:15AM METKids Hub:** Join us in the Gym for a chance for kids to run and burn off some energy and for parents to connect in between services

**11AM Sunday School:** For newborns up to 23 months

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# Today

## Yet I Will Rejoice

The End from the Beginning (Habakkuk 2:2-20)

Greg Kopczyk

**Songs:** Praise To The Lord The Almighty, All My Ways Are Known To You, Man Of Sorrows, Goodness Of God, Yet Not I But Through Christ In Me

*Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.*

## Next Week:

### Yet I Will Rejoice

I Know Whom I Have Believed (Habakkuk 3:1-19)

Greg Kopczyk



### Sermon Notes

follow along with  
free YouVersion app



### WIFI

user: metguest  
pass: met@church

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# Take your next steps

What is your next step in your walk of faith?

## Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway to find out what the next growth step in your faith could be at [acallaway@metbiblechurch.ca](mailto:acallaway@metbiblechurch.ca).

## Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit [metbiblechurch.ca/serve](https://metbiblechurch.ca/serve).

## Give

We have many different ways for you to worship God through giving. Check out [metbiblechurch.ca/give](https://metbiblechurch.ca/give) for more information.

# This Week

## TUESDAY

METYouth • Pool Night • 6:30PM • OFFSITE

## WEDNESDAY

Prayer Focus • 7PM • RM 211

## THURSDAY

METYoung Adults • BBQ in Manotick • 7PM • OFFSITE

# Church Family News

## We're Hiring: METTykes Coordinator

For further details on this role, please visit our website at [metbiblechurch.ca/joinourteam](http://metbiblechurch.ca/joinourteam).

## Missionary Focus

Scott & Lucia Eberle are SIM missionaries in Niger, West Africa, serving as teacher trainers for Christian Nigerian schools. Lucia also serves as the manager of Dorcas Widows project. Pray for them as they return to these two ministries after some time away. Pray also for intensive training sessions in September. Pray for the training sessions, and for the time spent with teachers before they start their new year.

## Looking to Serve?

Are you looking for somewhere to serve at The Met? Sign up at [metbiblechurch.ca/serve](http://metbiblechurch.ca/serve) and choose "I'd like to talk to someone about serving." We'd love to chat more with you about how you can get connected at The Met!



# Events

**AUG 22 & AUG 29 • METYOUNG ADULTS SUMMER END EVENTS • 7:00PM**  
METYoung Adults is having a BBQ in Manotick on August 22 to end off their summer study through Galatians together. Then, on August 29, there will be an Ask Anything evening at The Met. For more details, visit [metbiblechurch.ca/ya](http://metbiblechurch.ca/ya).

**AUG 25 • CHURCH WIDE PRAYER • 6PM • GYM**  
Please join us as we pray for our ministries, missionaries, and church family. A time of fellowship will be held after the prayer time and light refreshments will be served.

**SEPT 7 • METYOUNG ADULTS & 25-35 WORSHIP NIGHT • 6:30PM**  
All young adults (18-24) and 25-35s are invited to come together in the chapel for a time of worship and fellowship on Saturday, September 7. Whether or not The Met is your home church, all are welcomed to join.

**SEPT 8 • EVERYONE IN**  
This special event is a chance to see all the ways in which you can use your gifts to serve in our church, in our community, and in our world. We want to EQUIP servants of the gospel to glorify God through their service. Visit the tables in the lobby to see all of the serving opportunities available!

**SEPT 12 • METYOUNG ADULTS KICK OFF • 7:00PM**  
Join us as we launch our young adults fall ministry where we will be studying the books of Ruth and Esther. This is a wonderful opportunity for young adults to come and worship together.

## **AWANA**

General registration is now open to all families. Please register at [metbiblechurch.ca/events](http://metbiblechurch.ca/events).

## **FALL KICKOFFS**

Many of our fall activities and ministries will be re-launching this fall after summer break, including Seniors' Ministry, Men's Ministry, Women's Ministry, Awana, CSB, Sunday morning Sunday School, Young Adults and Youth Ministries. Please check out our website, [metbiblechurch.ca](http://metbiblechurch.ca), for more information and to see how you can get involved.

## **METYOUTH SUMMER ACTIVITIES**

METYouth will be hosting some awesome summer activities. If you are between grades 6 and 12, join us on Tuesday nights! August 20: Pool Night; August 27: Bonfire Party. For more information, email Caleb at [cbonney@metbiblechurch.ca](mailto:cbonney@metbiblechurch.ca).

CHURCH - WIDE  
**PRAYER**

SUNDAY AUG 25 // 6PM



**ASK ANYTHING**

**AUGUST 29 | 7-10PM | CHAPEL**

THE  
**DISCIPLE-MAKING PARENT  
CONFERENCE**

Raising your children to love and follow Jesus Christ  
October 19 | Register at [metbiblechurch.ca/events](http://metbiblechurch.ca/events)



Instagram & Facebook:  
**@metbiblechurch**

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