

Engage.
Establish.
Equip.



THE MET

October 13, 2019

Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing and, most importantly, **hear from God's Word**.

Our mission at the Met is to glorify God by making disciples of Jesus Christ through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

METKids Upcoming Events

OCT 20 • METKIDS' CHRISTMAS CHOIR • 10:30AM • FIRESIDE RM

The Met Children's Choir (for children in grades 1 to 6) will perform alongside the METChoir & Orchestra for the 2019 Christmas Presentation. Rehearsals start on Oct. 20th. Space is limited. Register at metbiblechurch.ca/events.

OCT 27 & NOV 3 • CHILD BAPTISM CLASSES • 11AM • RM 215
Children who have made a profession of faith in Jesus Christ and want to take the next step in their commitment to follow Him may attend these 2 classes to learn what it means to be baptized. Must be accompanied by a parent. Register online or email Lois at lshepherd@metbiblechurch.ca.

Today

Give Thanks (Psalm 136)

Adam Callaway, Young Adults Pastor

Songs: Praise To The Lord The Almighty, Forever, Oh Praise (The Only One), My Heart Is Filled With Thankfulness, There Is A Redeemer *Subscribe to our Spotify playlist "the Met - Sunday Worship Playlist" to listen to the songs we sing here at the Met.*

Classes

Engage: The Word of God • 9AM • RM 211

Why are there different kinds of literature in the Bible?

Establish: The Doctrines of God – Systematic Theology • 9AM • RM 205

Equip: The Families of God – Healthy Homes • 9AM • FIRESIDE RM

Pre-Marriage Course • 11AM • RM 205

Next Week:

So Great A Salvation

Our Great High Priest (Hebrews 5:1-10)

Jonathan Griffiths, Lead Pastor



Sermon Notes

follow along with
free YouVersion app



WIFI

user: metguest
pass: met@church

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

Give

We have many different ways for you to worship God through giving. Check out metbiblechurch.ca/give for more information.

This Week

MONDAY

Building Closed - Happy Thanksgiving

TUESDAY

JellyBeans • 10AM • GYM

METYouth (Junior High and High School) • 6:30PM • THEATRE

WEDNESDAY

METWomen^{AM} • 9:15AM • GYM

METOrchestra • 6PM • CHAPEL

METChoir • 7PM • CHAPEL

METWomen^{PM} • 7PM • THEATRE

METMen Discipleship Groups • 7PM • LOUNGE

Alpha • 7PM • FIRESIDE RM

Prayer Focus • 7PM • RM 211

THURSDAY

METSeniors • 9:30AM • GYM

AWANA • 6:30PM • GYM

The Haven Single Moms' Group • 6:30PM • HUB

METYoung Adults • 7PM • CHAPEL

FRIDAY

Christian Service Brigade (CSB) • 7PM • GYM

Drop-In Floor Hockey • 9PM • GYM

SATURDAY

Disciple-Making Parent Conference • 9AM • CHAPEL

Chinese Fellowship • 5:30PM • FIRESIDE RM

South Asian Fellowship • 6:30PM • CAFE

Church Family News

Special Offering

As part of our expression of thanks to the Lord for his provision for our needs, we are taking up a Special Offering on Thanksgiving Sunday. The proceeds will go towards our general ministry expenses. Please use the special offering envelopes in the bulletin. Thank you for your faithful giving to the Lord!

Missionary Focus

Samir and Tamara Javed serve the unreached peoples of Afghanistan through media with Operation Mobilization – Pamir Ministries. They produce gospel-centred video clips and radio programs in the language and culture of the peoples of Afghanistan. They also do the work of follow-up and discipleship by visiting Afghan believers within the country and in the diaspora. Pray for endurance as the ground is hard and the mission seems impossible, for safety as they travel, for health for the family, and that God will bring prayer supporters.

Family News

Our love and prayers are with Brenda Martin and sons Mark (Wafa) and Stephen and their grandchildren in light of the homegoing of Bill Martin last Sunday morning. The funeral service for Bill will be held this Wednesday, Oct 16 at 1pm at the Met.

Events

OCT 19 • DISCIPLE-MAKING PARENT CONFERENCE • 9AM • CHAPEL

Learn more about how to raise your children to love and follow Jesus Christ. Speaker Chap Bettis will be speaking on topics including teen temptations and passing on the gospel. Lunch is included. Register at metbiblechurch.ca/events or sign up at the kiosk across from the children's check-in desk in the lobby after the 9am and 11am services.

OCT 26 • METCHOIR CAMP • 9AM • CHAPEL

Choir Camp is a full day intensive rehearsal and community event for the Met Choir & Orchestra. We will kick-off preparations for the 2019 Christmas Presentation. For more Information, contact worship@metbiblechurch.ca.

OCT 27 • BAPTISM CLASS • 9AM • RM 215

This class is an opportunity to take an in-depth look at the purpose of baptism and is required for anyone interested in being baptized at the Met. Register at metbiblechurch.ca/events.

OCT 27 • PARENT/CHILD DEDICATION CLASSES • 11AM • FIRESIDE RM

This 3-week class helps parents understand their calling to raise a godly generation. These classes are mandatory in order for children to be dedicated at the Met. Register at metbiblechurch.ca/events.

OCT 28 • CHRISTIANS CONNECTING WITH MUSLIMS • 7PM • RM 205

This 6-week study seeks to replace fear with love and gentle boldness, reshaping the way Christians respond to their Muslim neighbours and will further equip you to share the gospel. Registration costs \$15. Register at metbiblechurch.ca/events.

OCT 31 • HARVEST FAIR • 6:30PM • GYM

This is an annual evening of fun for families in our church and in the neighbourhood to come and invite their friends. There will be carnival games, bouncy castles, treats and a short Bible message. There is no fee to attend and children must be accompanied by their parents. For more information contact Lois Shepherd at lshepherd@metbiblechurch.ca.

NOV 1-2 • DIG & DELVE • BRONSON CENTRE

SCIENCE VS ATHEISM: IS MODERN SCIENCE MAKING ATHEISM IMPROBABLE? Join a Biologist, a Physicist, a Medical Doctor and a Philosopher as they explore these issues and answer your questions. Tickets (\$20 student and \$25 adult) are available today at the kiosk in the lobby after the 9am and 11am services in Oct. For more information contact Greg at gkopczyk@metbiblechurch.ca or visit diganddelve.ca.

NOV 3 • SAMARITAN'S PURSE: OPERATION CHRISTMAS CHILD • LOBBY

Bless children in the developing world by filling shoeboxes with toys, hygiene items, school supplies, and other items. Children receiving shoeboxes participate in a Bible study. Pick up your shoebox starting Nov 3. The collection date is Nov 24. Volunteers are needed to hand out boxes. Sign up at metbiblechurch.ca/serve.

THE DISCIPLE-MAKING PARENT CONFERENCE

Raising your children to love and follow Jesus Christ
October 19 | Register at metbiblechurch.ca/events

KIDS BAPTISM CLASSES

BEGINNING OCTOBER 27TH | 11:00AM | ROOM 215

Register online or speak with **Kids' Ministry Staff**
or email Lois at lshepherd@metbiblechurch.ca

YOUTH AND ADULT BAPTISM *Classes*

Oct 27 | 9AM

[METBIBLECHURCH.CA/REGISTRATIONS](https://metbiblechurch.ca/registrations)



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