

Engage.
Establish.
Equip.



THE MET

November 10, 2019

Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing and, most importantly, **hear from God's Word**.

Our mission at the Met is to glorify God by making disciples of Jesus Christ through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



MET
KIDS

We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

Today

Celebrate Missions

The Heartbeat of Missions

Jonathan Griffiths, Lead Pastor

Songs: O Canada, How Firm A Foundation, O Praise The Name (Anastasis), O Church Arise (Arise, Shine), Facing A Task Unfinished.
Subscribe to our Spotify playlist "the Met - Sunday Worship Playlist" to listen to the songs we sing here at the Met.

Classes

Engage: The Word of God - How Do We Use The Bible? • 9AM • RM 211

Equip: The Families of God – Healthy Homes • 9AM • FIRESIDE RM

Missionary Presentations • 9AM & 11AM • RM 205

Newcomer Meet & Greet • 10:15AM & 12:15PM • FIRESIDE RM

Parent/Child Dedication Class • 11AM • RM 211

Next Week:

So Great A Salvation

A New and Greater Covenant (Hebrews 8:1-13)

Jonathan Griffiths, Lead Pastor



Sermon Notes

follow along with the free YouVersion app



WIFI

user: metguest

pass: met@church

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

Give

We have many different ways for you to worship God through giving. Check out metbiblechurch.ca/give for more information.

This Week

MONDAY

Men's Bible Study Fellowship • 6:55PM • PRAYER RM
Drop-In Basketball • 7PM • GYM
GriefShare • 7PM • FIRESIDE RM
Precepts Course • 7PM • RM 205
Christians Connecting with Muslims • 7PM • RM 211

TUESDAY

METYouth (Junior High and High School) • 6:30PM • THEATRE
METYouth Alpha • 8PM • FIRESIDE RM

WEDNESDAY

METWomen^{AM} • 9:15AM • GYM
METWomen^{PM} • 7PM • THEATRE
METMen Discipleship Groups • 7PM • LOUNGE
Alpha • 7PM • FIRESIDE RM
Prayer Focus • 7PM • RM 211

THURSDAY

METSeniors • 9:30AM • GYM
AWANA • 6:30PM • GYM
The Haven • 6:30PM • HUB
METYoung Adults • 7PM • CHAPEL

FRIDAY

METYA Fall Retreat • 7PM • OFFSITE
MET25-35 Games Night • 7PM • CAFE
Christian Service Brigade (CSB) • 7PM • GYM
Drop-In Hockey • 9PM • GYM

SATURDAY

South Asian Fellowship • 6:30PM • CAFE

Church Family News

Missionary Focus

Ruben and Graciela Matos are the Field Directors of Word of Life in Peru. They direct and oversee team members and are implementing a strategic plan to reach youth with the gospel of Jesus Christ. Pray for the national team to have a greater vision and spiritual strength to reach the lost in Peru with the gospel. Pray for the 30 Discipleship Training Centre students as they continue Bible training in Argentina.

Celebrate Missions Offering

As part of Celebrate Missions we are taking an offering (goal: \$10,000) to support two camp initiatives:

- AIM's Ministry to Africans in Canada, in Ontario and Nova Scotia, providing opportunities for African and Muslim children to hear about Christ Jesus, many for the first time
- Word of Life Québec, sharing the gospel with youth in Québec

All excess funds will be divided proportionally among both projects. If for any reason a Missions Conference Project cannot proceed, the Board, in consultation with the Missions Committee, can use the funds for any other missions project it deems suitable under the circumstances.

Events

NOV 10 • MEET & GREET • 10:15AM & 12:15PM • FIRESIDE RM

If you are new to the Met, join some of our staff team for a relational and informational Meet & Greet. We'd love to get to know you!

NOV 15 • MET25-35 GAMES NIGHT • 7PM • CAFE

Invite your friends to a night of games, food, and fun.

NOV 15-17 • METYA FALL RETREAT • 7PM • CIRCLE SQUARE RANCH

A time of rich study in God's Word with Ben Jolliffe, pastor of Resurrection Church, as well as great food, fun, and fellowship. The cost is \$125. Register by Nov 10 at metbiblechurch.ca/events.

NOV 17 • MONEY MATTERS CLASS • 11AM • RM 205

This 3-week class aids us to think biblically and practically about how to manage the financial resources with which God has entrusted us and thereby reap the blessings apportioned to the financially wise.

NOV 23 • TIMOTHY MORNING • 9AM • GYM

This is an event for anyone with an interest in growing in their ability to teach the Bible. Todd Kelly, the Global Ministries Director at Leadership Resources International, will equip us to teach the book of Jonah. The cost is \$20. Register at metbiblechurch.ca/events.

DEC 7 & 8 • MET CHRISTMAS CONCERTS • 6PM • SANCTUARY

Everyone is welcome to a festive evening of music featuring the METChoir and Orchestra, along with performances by the METKids and METTykes Christmas Choirs. A short Bible message will be shared. Invite friends and family for one of these evenings.

DEC 11 • FRIENDS FOR DINNER

There are over 15,000 international post-secondary students in Ottawa. This is an opportunity for you to show God's love through hospitality in your own home and share the meaning of Christmas. Registration deadline is Dec 11 to host Christmas dinner this year. For more information and to register go to friendsfordinner.ca.

JAN 6 • PERSPECTIVES ON THE WORLD CHRISTIAN MOVEMENT COURSE

This is a 14-week course to grow in an understanding of what God has done and is doing around the world to restore people to His kingdom for His glory among all the nations. The first two sessions on Jan 6 & 13 are open to anyone who wants to come and see what it's all about. Register at perspectivescanada.org.

Samaritan's Purse: Operation Christmas Child

Bless children in the developing world by filling shoeboxes with hygiene items, school supplies and other items. 40 filled shoeboxes have already come in this year. Pack a shoebox...change a life. Pick up your shoebox in the lobby today, drop off until Nov 24.

Upcoming Construction Project

The Met is initiating a short construction project to improve drainage and to remove problems with sidewalk flooding and slippery ice conditions at the west entrance (Chapel) doors. There will be periodic interruptions and restrictions to the use of the west door and the adjacent parking lot except for emergency use, but we will endeavour to keep these to a minimum.



Meet & Greet

NEW TO THE MET? JOIN US!

NOVEMBER 10

FIRESIDE ROOM • 10:15 & 12:15



PICK UP & FILL A BOX STARTING

NOV 3

IN THE LOBBY | 9 - 2PM



TIMOTHY MORNING

November 23 | 9:00 - 12:30pm | Gym



Instagram & Facebook:
[@metbiblechurch](#)

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