Engage. Establish. Equip.



Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing and, most importantly, **hear from God's Word**.

Our mission at the Met is to glorify God by making disciples of Jesus Christ through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

Today

Concern for the Heart of God (Jonah 1)

Todd Kelly, Global Ministries Director Leadership Resources International

Songs: Come Thou Fount Of Every Blessing, Oh Praise (The Only One)Behold Our God, Take My Life And Let It Be. Subscribe to our Spotify playlist "the Met - Sunday Worship Playlist" to listen to the songs we sing here at the Met.

Classes

Engage: The Word of God • 9AM • RM 211 Equip: The Families of God – Healthy Homes • 9AM • FIRESIDE RM Establish: The Doctrine of God - Systematic Theology • 9AM • RM 205 Money Matters Class • 11AM • RM 205 Church-Wide Prayer • 6PM • GYM

Next Week:

So Great A Salvation

The Sacrifice that Purifies (Hebrews 9:1-28) Jonathan Griffiths, Lead Pastor



Sermon Notes follow along with the free YouVersion app



WIFI user: metguest pass: met@church

Take **your** next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway to find out what the next growth step in your faith could be at **acallaway@metbiblechurch.ca**.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit **metbiblechurch.ca/serve**.

Give

We have many different ways for you to worship God through giving. Check out **metbiblechurch.ca/give** for more information.

This Week

MONDAY

Men's Bible Study Fellowship • 6:55PM • PRAYER RM GriefShare • 7PM • FIRESIDE RM Precepts Course • 7PM • RM 205 Christians Connecting with Muslims • 7PM • RM 211

TUESDAY

METYouth (Junior High and High School) • 6:30pm • THEATRE METYouth Alpha • 8pm • FIRESIDE RM

WEDNESDAY

METWomen^{AM} · 9:15AM · GYM METWomen^{PM} · 7PM · THEATRE METMen Discipleship Groups · 7PM · LOUNGE Alpha · 7PM · FIRESIDE RM Prayer Focus · 7PM · RM 211

THURSDAY

METSeniors • 9:30AM • GYM AWANA • 6:30PM • GYM The Haven: Bible Study for Single Moms • 6:30PM • HUB METYoung Adults • 7PM • CHAPEL

FRIDAY

Christian Service Brigade (CSB) • 7рм • Gүм Drop-In Hockey • 9рм • Gүм

SATURDAY

South Asian Fellowship • 6:30PM • CAFE

Church Family News

Missionary Focus

Chris and Yanci McGregor planted City Church in Montreal in Sept 2013. They have two boys, Sterling (13) and Kingston (10), and a vision to plant multiple city churches across Canada. Praise as they recently welcomed Leah Shadbolt as the full-time Next Generation Director. Pray for multiplication of God's vision for City Church as they want to see more Canadians turn to Christ. Pray for their marriage, and for their boys to thrive.

Financial Update

Income to our General Fund to the end of October was \$2,499,055 and expenses were \$2,574,798 leaving us with a deficit of \$75,743. This is slightly higher than at the end of last month, but we are still anticipating finishing the year in positive territory. Thank you for your generous giving to the Lord's work!

We're Hiring! - Executive Assistant

The Met is seeking to hire an Executive Assistant who will provide administrative support to the Lead Pastor and the Executive Director of Operations, including the management of daily schedules, correspondence, speaking engagements, recruitment, writing and editing, and travel coordination. To apply email:

employment@metbiblechurch.ca.

Events

TODAY • CHURCH WIDE PRAYER • 6PM • GYM Join us as we pray for our ministries, missionaries, and church family. A time of fellowship will be held after the prayer time and light refreshments will be served.

DEC 1, 15 & JAN 12 • 2020 DONATION ENVELOPE DISTRIBUTION • LOBBY To order an annual set of envelopes for yourself or to view all of our giving options, please visit **metbiblechurch.ca/othergiveoptions**. Questions: **Iseverson@metbiblechurch.ca**. Envelope distribution will begin on Dec 1 in the lobby by the chapel.

DEC 4 • METWOMEN CHRISTMAS • 9:30 AM & 7:00 PM • GYM God With Us - All women are welcomed to a Christmas celebration. A potluck brunch will be held in the morning and snacks will be provided in the evening. This is a great opportunity to bring a friend. For more information: **metbiblechurch.ca/women**.

DEC 7 & 8 • MET CHRISTMAS CONCERTS • 6PM • SANCTUARY Everyone is welcome to a festive evening of music featuring the MET Choir and Orchestra along with performances by the METKids and METTykes Christmas Choirs. A short Bible message will be shared. Invite friends and family for one of these evenings by sharing the Facebook event and invitation cards. There will be treats available after each concert. If you can help with baking, email **stharakan@metbiblechurch.ca** for details and drop-off times.

DEC 11 • FRIENDS FOR DINNER

There are over 15,000 international post-secondary students in Ottawa. This is an opportunity for you to show God's love through hospitality in your own home and share the meaning of Christmas. Registration deadline is Dec 11 to host Christmas dinner this year. Register at **friendsfordinner.ca**.

DEC 24 • CHRISTMAS EVE SERVICES - THE GREATEST GIFT OF ALL Join us for our Christmas Eve services at 2, 4, and 6pm in the Sanctuary. Children's Program is available at 2pm for newborns to 23 months and at 4pm for newborns to 4 years old. Free shuttle bus is available for the 4pm and 6pm services.

Details at metbiblechurch.ca/christmas.

Treasure Test Booklet

Do we value what the Word of God teaches us to treasure? Last Sunday a Bible study was distributed during the main services which we encourage all of our church family to participate in, either as a personal exercise or together with your family. If you did not receive a copy last Sunday, please email **info@metbiblechurch.ca** or download the study at **metbiblechurch.ca/treasuretest**.

Construction Has Started!

The Met has started a short construction project to improve drainage and to remove problems with sidewalk flooding and slippery ice conditions at the west entrance (Chapel) doors. Use of the west door and the adjacent parking lot will be restricted to emergency use.











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