

Engage.
Establish.
Equip.



THE MET

December 1, 2019

Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing and, most importantly, **hear from God's Word**.

Our mission at the Met is to glorify God by making disciples of Jesus Christ through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, **you are welcome here**.



MET
KIDS

We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

9AM Sunday School: For newborns to children up to grade 6

10:15AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

11AM Sunday School: For newborns to children up to grade 6

DEC 22 & 29 • CHRISTMAS SUNDAY SCHOOL • 9AM • GYM

METTykes will run a normal Sunday School Program during the 9am service. There will only be childcare available for children between 0-23 months of age during the 11am service.

METEElementary will be celebrating Christmas with special Christmas Programs in the gym during the 9am service. There will be a lesson time, a skit, carol singing, Christmas trivia, crafts and more. There will be no Sunday School during the 11am service.

Today

So Great A Salvation

The Sacrifice That Purifies (Hebrews 9:1-28)
Jonathan Griffiths, Lead Pastor

Songs: All Glory Be To Christ, He Who Is Mighty, Sing We The Song Of Emmanuel, How Deep The Father's Love For Us, All I Have Is Christ. *Subscribe to our Spotify playlist "the Met - Sunday Worship Playlist" to listen to the songs we sing here at the Met.*

Classes

Engage: The Word of God • 9AM • RM 211

Equip: The Families of God – Healthy Homes • 9AM • FIRESIDE RM

Establish: The Doctrine of God - Systematic Theology • 9AM • RM 205

Money Matters Class • 11AM • RM 205

Next Week:

Light Shining In Darkness

The Light That Shatters Darkness (John 1:1-5)
Jonathan Griffiths, Lead Pastor



Sermon Notes

follow along with the
free YouVersion app



WIFI

user: metguest

pass: met@church

Take your next steps

What is your next step in your walk of faith?

Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

Give

We have many different ways for you to worship God through giving. Check out metbiblechurch.ca/give for more information.

This Week

MONDAY

Men's Bible Study Fellowship • 6:55PM • PRAYER RM
GriefShare • 7PM • FIRESIDE RM
Precepts Course • 7PM • RM 205
Christians Connecting with Muslims • 7PM • RM 211
Drop-In Basketball • 7PM • GYM

TUESDAY

METYouth (Junior High and High School) • 6:30PM • THEATRE
METYouth Alpha • 8PM • FIRESIDE RM

WEDNESDAY

METWomen^{AM} Christmas • 9:15AM • GYM
METWomen^{PM} Christmas • 7PM • THEATRE
METMen Discipleship Groups • 7PM • LOUNGE
Alpha • 7PM • FIRESIDE RM
Prayer Focus • 7PM • RM 211

THURSDAY

METSeniors • 9:30AM • GYM
AWANA • 6:30PM • GYM
The Haven: Bible Study for Single Moms • 6:30PM • HUB
METYoung Adults • 7PM • CHAPEL

FRIDAY

METMoms Playgroup • 10AM • GYM
Christian Service Brigade (CSB) • 7PM • GYM
Drop-In Hockey • 9PM • GYM

SATURDAY

MET CHRISTMAS CONCERT • 6PM • SANCTUARY
South Asian Fellowship • 6:30PM • CAFE

Church Family News

Missionary Focus

Allan and Florrie McGuirl are involved with Galcom, using technology to bring the gospel to unreached people through solar powered radios, audio Bibles, and Christian radio stations. Pray for the 25 countries which need help with radios, radio stations and audio Bibles after the Latin American Broadcasters Conference. Pray for the application to the CRTC that is being reviewed for a license to broadcast in Quebec. Pray that there will be no further delays in granting this license.

We're Hiring! - Executive Assistant

The Met is seeking to hire an Executive Assistant who will provide administrative support to the Lead Pastor and the Executive Director of Operations, including the management of daily schedules, correspondence, speaking engagements, recruitment, writing and editing, and travel coordination.

To apply email: employment@metbiblechurch.ca.

Construction Has Started!

The Met has started a short construction project to improve drainage and to remove problems with sidewalk flooding and slippery ice conditions at the west entrance (Chapel) doors. Use of the west door and the adjacent parking lot will be restricted to emergency use during this time.

Events

DEC 1, 15 & JAN 12 • 2020 DONATION ENVELOPE DISTRIBUTION • LOBBY
Beginning today, pick up your pre-assigned weekly or monthly donation envelopes before and after each service in the Lobby next to the Chapel.

DEC 4 • METWOMEN CHRISTMAS • 9:15AM & 7PM • GYM
God With Us - All women are welcomed to a Christmas celebration. A potluck brunch will be held in the morning and there will be refreshments in the evening. This is a great opportunity to bring a friend. For more information: metbiblechurch.ca/women.

DEC 6 • METMoms Playgroup • 10AM • GYM
A monthly playgroup for all Met moms with preschoolers & babies.

DEC 7 & 8 • MET CHRISTMAS CONCERTS • 6PM • SANCTUARY
Everyone is welcome to a festive evening of music featuring the Met Choir & Orchestra along with performances by the METKids and METTykes Christmas Choirs. A short Bible message will be shared. Invite friends and family for one of these evenings by sharing the invitation cards.
Treats will be available after each concert. If you can help with baking, email stharakan@metbiblechurch.ca for drop-off details.

DEC 11 • FRIENDS FOR DINNER
There are over 15,000 international post-secondary students in Ottawa. This is an opportunity for you to show God's love through hospitality in your own home and share the meaning of Christmas. Registration deadline is Dec 11 to host a Christmas dinner this year. Register at friendsfordinner.ca.

DEC 12 • METYA CHRISTMAS • 7PM • CHAPEL
A fun opportunity with friends to meet together as young adults. We'll be celebrating Christmas through music, time in God's Word and an ugly Christmas sweater competition.

DEC 14 • MET25-35 CHRISTMAS • 6PM • CHAPEL
This will be a rich time of worship through classic Christmas carols. A time of fellowship will follow with hot beverages and treats.

DEC 15 • INTERNATIONAL CHRISTMAS • 5PM • GYM
Celebrate Christmas in a multicultural way. Bring a dish of your own and potluck with others. The event starts with a potluck dinner. There will be games, singing Christmas songs in various languages and a time of preaching from Pastor Greg Koczyk. Come and enjoy Christmas with an international flavour.

DEC 16 • SURVIVING THE HOLIDAYS • 7PM • FIRESIDE RM
GriefShare is for all who have lost a loved one and want support and help as they journey through grief. This class uses video and group discussion to provide resources for coping with loss.

DEC 24 • CHRISTMAS EVE SERVICES - THE GREATEST GIFT OF ALL
Join us for our Christmas Eve services at 2, 4 and 6pm in the Sanctuary. Childcare will be available at 2pm for newborns to 23 months and at 4pm for newborns to 4 years old. Free shuttle is available for the 4pm and 6pm services.
Details at metbiblechurch.ca/christmas.

Sing Noël

Met Choir & Orchestra and METKids Choir

Dec 7 & 8 | 6:00 pm | Sanctuary

Friends for Dinner

Register Online at friendsfordinner.ca

Deadline is Dec 11

Light Shining in Darkness

metbiblechurch.ca/christmas



Instagram & Facebook:
[@metbiblechurch](https://www.instagram.com/metbiblechurch)

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