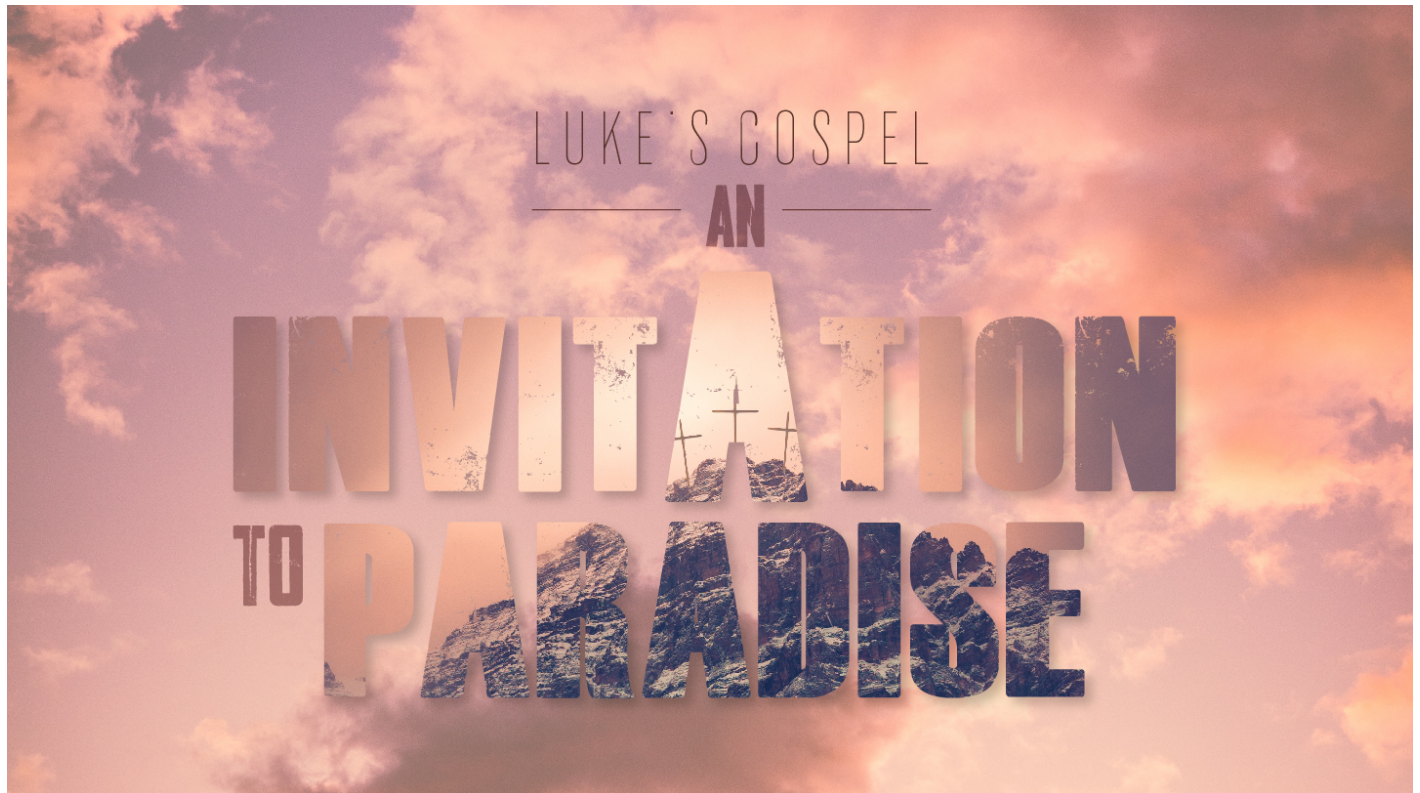




MET MESSENGER



From the Pastor

"For Christ died for sins once for all, the righteous for the unrighteous, to bring you to God."
(1 Peter 3:18)

With the arrival of the Easter season comes a wonderful reminder for us of the cross of Calvary and our Saviour's victory over the grave.

Easter re-centers us on the fundamental and basic realities of the faith, and allows us a fresh opportunity to grow in gratitude and love for our Lord. It also gives us a very special opportunity to share the good news with those around us. Many in our community will still be open to taking part in Easter services, even if just out of a kind of cultural reflex. And we count it a real privilege to welcome many visitors to The Met each Easter season – to share with them the good news that Jesus has paid the price for our sin and has risen to open the way to life. Would you join with us in praying that many would hear the good news this Easter?

With grateful thanks for your partnership in the gospel,

Jonathan

Team News

Your Met staff team is a prayerful team. On Monday mornings, to start the workweek, we assemble to pray over, and commit all our needs to the Lord, and to thank Him for His leading in the past weekend's services and events. Throughout the week you can walk by offices and you'll notice people praying over their ministries. On Thursday afternoons you'll notice the whole staff team gathering in the Hub to pray together as a family. We are praying for one another and for the church family. This is a priority for the team and it's a rather intimate time where we share with one another both personal and ministry prayer requests. Around the room you'll see the team writing down the prayer requests, so we continue to pray for one another during the week. We are encouraged by Psalm 17:6 where David is trusting the Lord with his words, "I call on you, my God, for you will answer me; turn your ear to me and hear my prayer."

"Taking the time to pray together every week really helps to refocus our attention on God in all that we do."

-Staff Member

Men & Family Ministry

These past 3 months have been filled with activity and encouragement in our Family and Men's Ministries here at The Met.

Comedy Date Night/ Sacred Marriage-

In February, our Comedy Date Night had over 1200 in attendance. From that, we launched an 8 week "Sacred Marriage" class with about 50 attending each week. Here are a few comments from those who attended:

- *"It was very impactful in learning that you can never be complacent about marriage. Even if the marriage is good we have to continually be intentional about making it better,"*
- *"This class changed my view and understanding about what marriage is all about,"*
- *"I came home each week feeling very encouraged to keep going."*

We had a testimony from a couple who, with God's grace and for His glory, overcame unsurmountable difficulties and sins that were destroying their marriage. God is at work to make stronger marriages that will honour Him.

Child Dedications-

Eight babies and children were dedicated to the Lord this Fall/Winter with more to come from our new class starting May 19th. Parents wanting to be intentional in equipping their children in these early months and years are encouraged to take part in a Child Dedication Class.

Coming Soon-

On May 24th and 25th, Family Ministries is sponsoring a Grandparenting Matters Seminar with Special Guest Larry Fowler. Larry's dynamic teaching will be encouraging whether you are a grandparent now, or will be sometime in the future!



Men's Ministries-

Men's Ministries, led by a core of godly men committed to seeing men grow in their knowledge and love for God and others, is promoting and planning activities to reach men's hearts. Currently, there are over 100 men in small groups, keeping each other accountable before God and one other. This winter several men attended a Sunday school class during the 11:00am hour. Since most men spend the majority of their waking hours in employment or business, this class tackled subjects such as, "How does knowing Christ impact our working lives?" and wrestled with real life examples of how the Bible applies to our work and faith. Other activities and events in the fall included BBQs and men's breakfasts. God is at work changing men for His glory.

Refugee Update

On March 22nd 2019 we celebrated the 1 year anniversary of the arrival of The Met's first sponsorship family. Our Refugee Resettlement Committee has faithfully walked alongside the refugee family supporting them through this transition. The family has integrated well into Canadian society and have grown in their faith through their involvement in the Arabic Evangelical Baptist Church. The family is grateful for the Lord's abundant blessings and provision. They wish to express their thankfulness to The Met congregation for all they have done to make their settlement process successful. Please continue to keep them in your prayers as they continue to settle into life in Canada.

In July 2018, our Refugee Resettlement Committee identified a second sponsorship family whose application was submitted in August 2018. In March 2019 they were interviewed by the Canadian Embassy in Lebanon. We continue to wait on the Canadian government's official approval of our sponsorship application. Please pray for safety as the family awaits a response from the Canadian Government.

From our Ministry Board...

We are preparing for leaders here at The Met on two fronts, as we look to hire new pastors and to renew elders' positions on the Church Board. We are budgeting for the new pastoral roles, interviewing, and praying for the right leaders. In Titus 1:7-9, Paul, instructs the church on qualifications to look for in its leaders when he lays out character traits for church leadership. These qualifications are areas for us to be praying for our pastors and leaders. Pray that we are *hospitable, lovers of good, self-controlled, upright, holy and disciplined*. This list is not a menu of talents, but the character of a man seeking to walk in the light. We are praying for leaders that are obedient to the Word and that are able to teach the Word to be able to give instruction in sound doctrine. Join us in praying for the leaders that the Lord has prepared for His church, as we continue to wait patiently.

