A STUDY WITH METWOMEN

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Behold Our God

A Study with METWomen

METWomen 2025

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By Jessica Dyck With thanks and appreciation for the help of the METWomen teaching team.

Scripture quotations marked (ESV) are taken from the ESV ® Bible (The Holy Bible, English Standard Version ®) Copyright 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved. And this is eternal life, that they know you, the only true God, and Iesus Christ whom you have sent. John 17:3

let not the wise man boast of his wisdom or the strong man boast of his strength or the rich man boast of his riches, but let him who boasts boast about this, that he understands and knows me. Jeremiah 9:23-24

The heart cannot love what the mind does not know. - Jen Wilkin

Our deepest and most profound need is simply and profoundly this: to know God better. - Jonathan Griffiths Once you become aware that the main business you are here for is to know God, most of life's problems fall into place of their own accord. - JI Packer

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N)e/come

We are so glad that you have joined this study!

AW Tozer once famously said, "what comes into our minds when we think about God is the most important thing about us." Our view of God, His character, His essence, His ways – is vitally important because it shapes our perspective on everything else. Seeing God rightly (as much as possible with our human limitations) will help us rightly see ourselves, our circumstances, this world and our place in it. What we believe about God - it really matters.

In a culture where God is often minimized and maligned, in an era marked by war, sin and disease, amid our own painful trials and difficulties, we need to keep a big view of God. We must remember that He is awesome. He is all-powerful. Always near. Perfect in all His ways. These truths are amazing and profound. And leaning into them will bring comfort, confidence and hope – no matter what we're facing.

Each week, we will explore a different attribute of God, digging into the Bible to learn how He has revealed Himself. Then we'll consider how His divine traits directly impact our daily living. Ultimately, we want to know God better. We want to draw closer and grow in understanding, loving and worshipping our Creator.

We are praying that this study will delight your soul and open your eyes to the glory of God in a fresh way.

With love, The METWomen Team

Unique to this Gludy

Every METWomen study has a slightly different emphasis, structure and format. Sometimes, we stay in one Bible book, examining it chapter by chapter. Other times, we expand our focus to look at a broader theme that spans the whole Bible. In this way, we are constantly zooming in and out to develop both breadth and depth in our Biblical understanding.

This semester, every session will explain a different attribute of God, with teachers referencing various Scriptures from the Old and New Testament. Between our meetings, we also encourage you to spend time pondering the greatness of God through personal Bible reading. To help with this, we have assigned a Psalm each week for homework. The Psalm will have elements that relate to the topic (for example: Week 4, God is Eternal, Psalm 90), but we won't be "teaching" them.

The Psalms are known as "the songbook of God's people (ESV Study Bible)." An anthology of 150 poems that have been utilized in gathered worship for centuries. With powerful imagery, hyperbole, figurative language, repetition, and metaphor, these writings display the magnificence of God and will provide an excellent complement to our study.

You'll notice the Psalms contain prayers, praise, thanksgiving, confession and lament. Every human emotion finds expression in this book. Through the Psalms, God speaks into our hearts, while giving us the words to speak our deepest needs back to Him. These poems reveal God's glory on a grand scale while ministering to us personally.

Don't be concerned when/if you don't grasp everything in the Psalm. That's okay. Focus on what you do understand and go from there. We have included some study questions and encouragements on page 8. Please use these to enrich your personal study time, to record your insights, and then bring a few thoughts to share with your small group.

Weekly Reading Schedule

Week	Teaching	Reading
1	Introduction	-
2	Good	Psalm 86
3	Omnipresent	Psalm 139
4	Eternal	Psalm 90
5	Holy	Psalm 96
6	Testimony Week	-
7	Omniscient	Psalm 33
8	Omnipotent	Psalm 29
9	Just	Psalm 9
10	Unchanging	Psalm 102
11	Faithful	Psalm 36
12	Sovereign	Psalm 146
13	Glorious	Psalm 19

Personal Gludy Time

Pray

According to Matt Smethurst, "approaching Scripture apart from prayer is one of the most counterproductive things we do." Admittedly, many of us race into Bible study without stopping to pray first. Before you begin, intentionally pray and commit this time to the Lord. Ask for His help as you study His Word.

Open my eyes, that I may behald wondrous things out of your law. Psalm 119:18

Read

There are 11 Psalms in this guide, one for each attribute. Read them slowly, multiple times. Feel free to mark the pages, underline things that stand out and make notes in the margin. Look for repetition and patterns within a particular Psalm or between the different Psalms. If there's an unfamiliar word, perhaps grab a dictionary and find the definition. Use the prompts below to help you dig deeper.

Reflect

For each category below (Observe, Consider, Respond), choose at least one question to answer in the homework space provided for each study week.

Observe

- 1. What is the overall tone of the Psalm (joyful, sombre, thankful, anxious, confident, etc)?
- 2. Re-read the opening verse or two and the closing verse or two. Do you notice any connections between them?

- 3. What words/images does the writer use to describe God? What sort of impression do they create?
- 4. Take note of any repeated or related words/phrases. What do you think the Psalmist is trying to highlight?

Consider

- 1. Does the Psalmist ask for anything specific? If so, what? Have you ever prayed something similar?
- 2. What attitudes or actions do you notice in the writer? How does he interact with or respond to God? What can you learn from him?
- 3. List any aspects of God's character or nature that are emphasized.
- 4. Are there elements of praise and/or thanksgiving in this Psalm? What are they?

Respond

- 1. How does this Psalm encourage or challenge your understanding of God's character/nature?
- 2. Do you see any connections between this Psalm and your current circumstances? Could the Lord be using this text to speak to you about an attitude, situation or relationship?
- 3. Does this Psalm contain a command for you to obey, a promise for you to cling to, or a warning for you to heed? If so, what is it?
- 4. What verse (or verses) have resonated with you most deeply? Write it out and place it somewhere prominent so that you can reflect on it further during the next few days.

Pause

After completing the reading and answering some questions, we would encourage you to pause for a few minutes (at least). Often, we are tempted to rush into the next thing without stopping to

really absorb what the Lord has shown us. In his book, Knowing God, J.I. Packer notes that we need to "let God's truth make its full and proper impact on one's mind and heart." Therefore, he encourages believers to slow down and dwell on the things of God, and to engage in "holy thinking". We will benefit so much by embracing this practice.

So, discipline yourself to linger at this point and just rest in the moment. Pause to contemplate what you have read and learned through your study. Pause to consider how this will shape your response to God and others. Take the time to sit with each new insight, letting it sink deep into your soul.

Be still and know that I am God ... - Psalm 46:10

Pray

Bookend your personal Bible study time with prayer. A vibrant prayer life will be so much more than a list of personal requests. It will include several important elements and a healthy balance between them. In closing your time with the Lord, challenge yourself to include the different aspects listed below. You'll find wonderful examples of praise, thanksgiving, confession, intercession and petition in the Psalms. Feel free to incorporate those verses into your prayer as you express your heart to God.

Praize - adore God for who He is.

Thanksgiving - appreciate God for what He has done.

Confession - acknowledge your failure in the daily battle with sin,

admit your need for forgiveness and ask for His help to pursue holiness.

Infercession - advocate for the needs of others, remembering the

lost, the poor, the lonely, the sick, the suffering, those in leadership, etc.

Defifion - ask the Lord to intervene in your life externally (to

change circumstances and/or change others) and internally (to change you).

Week 1 - Introduction

Week 1 - Introduction

Week 1 - Introduction

Prayer Requests

Week 2 - God Is Good, Loving in All His Ways

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 86

- 1 Incline your ear, O LORD, and answer me, for I am poor and needy.
- 2 Preserve my life, for I am godly; save your servant, who trusts in you—you are my God.
- 3 Be gracious to me, O Lord, for to you do I cry all the day.
- 4 Gladden the soul of your servant, for to you, O Lord, do I lift up my soul.
- 5 For you, O Lord, are good and forgiving, abounding in steadfast love to all who call upon you.
- 6 Give ear, O LORD, to my prayer; listen to my plea for grace.
- 7 In the day of my trouble I call upon you, for you answer me.
- 8 There is none like you among the gods, O Lord, nor are there any works like yours.
- 9 All the nations you have made shall come and worship before you, O Lord, and shall glorify your name.
- 10 For you are great and do wondrous things; you alone are God.

- 11 Teach me your way, O LORD, that I may walk in your truth; unite my heart to fear your name.
- 12 I give thanks to you, O Lord my God, with my whole heart, and I will glorify your name forever.
- 13 For great is your steadfast love toward me; you have delivered my soul from the depths of Sheol.
- 14 O God, insolent men have risen up against me; a band of ruthless men seeks my life, and they do not set you before them.
- 15 But you, O Lord, are a God merciful and gracious, slow to anger and abounding in steadfast love and faithfulness.
- 16 Turn to me and be gracious to me; give your strength to your servant, and save the son of your maidservant.
- 17 Show me a sign of your favor, that those who hate me may see and be put to shame because you, LORD, have helped me and comforted me.

REFLECT - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart?

Week 2 - God Is Good, Loving in All His Ways

Week 2 - God Is Good, Loving in All His Ways

Week 2 - God Is Good, Loving in All His Ways

Prayer Requests

Week 3 - God Is Omnipresent, Always Near

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 139

- 1 O LORD, you have searched me and known me!
- 2 You know when I sit down and when I rise up; you discern my thoughts from afar.
- 3 You search out my path and my lying down and are acquainted with all my ways.
- 4 Even before a word is on my tongue, behold, O LORD, you know it altogether.
- 5 You hem me in, behind and before, and lay your hand upon me.
- 6 Such knowledge is too wonderful for me; it is high; I cannot attain it.
- 7 Where shall I go from your Spirit? Or where shall I flee from your presence?
- 8 If I ascend to heaven, you are there! If I make my bed in Sheol, you are there!
- 9 If I take the wings of the morning and dwell in the uttermost parts of the sea,
- 10 even there your hand shall lead me, and your right hand shall hold me.
- 11 If I say, "Surely the darkness shall cover me, and the light about me be night,"

- 12 even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you.
- 13 For you formed my inward parts; you knitted me together in my mother's womb.
- 14 I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.
- 15 My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.
- 16 Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.
- 17 How precious to me are your thoughts, O God! How vast is the sum of them!
- 18 If I would count them, they are more than the sand. I awake, and I am still with you.
- 19 Oh that you would slay the wicked, O God! O men of blood, depart from me!
- 20 They speak against you with malicious intent; your enemies take your name in vain.
- 21 Do I not hate those who hate you, O LORD? And do I not loathe those who rise up against you?
- 22 I hate them with complete hatred; I count them my enemies.

23 Search me, O God, and know my heart! Try me and know my thoughts!

24 And see if there be any grievous way in me, and lead me in the way everlasting!

REFLECT - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart?

Week 3 - God Is Omnipresent, Always Near

Week 3 - God Is Omnipresent, Always Near

Week 3 - God Is Omnipresent, Always Near

Prayer Requests

Week 4 - God Is Elernal, Unbound by Time

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 90

- 1 Lord, you have been our dwelling place in all generations.
- 2 Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God.
- 3 You return man to dust and say, "Return, O children of man!"
- 4 For a thousand years in your sight are but as yesterday when it is past, or as a watch in the night.
- 5 You sweep them away as with a flood; they are like a dream, like grass that is renewed in the morning:
- 6 in the morning it flourishes and is renewed; in the evening it fades and withers.
- 7 For we are brought to an end by your anger; by your wrath we are dismayed.
- 8 You have set our iniquities before you, our secret sins in the light of your presence.
- 9 For all our days pass away under your wrath; we bring our years to an end like a sigh.

10 The years of our life are seventy, or even by reason of strength eighty; yet their span is but toil and trouble; they are soon gone, and we fly away.

- 11 Who considers the power of your anger, and your wrath according to the fear of you?
- 12 So teach us to number our days that we may get a heart of wisdom.
- 13 Return, O Lord! How long? Have pity on your servants!
- 14 Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days.
- 15 Make us glad for as many days as you have afflicted us, and for as many years as we have seen evil.
- 16 Let your work be shown to your servants, and your glorious power to their children.
- 17 Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands!

REFLECT - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart?

Week 4 - God Is Eternal, Unbound by Time

Week 4 - God Is Elernal, Unbound by Time

Week 4 - God Is Eternal, Unbound by Time

Prayer Requests

Week 5 - God Is Holy, Perfect in All His Ways

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 96

 ¹ Oh sing to the Lord a new song; sing to the Lord, all the earth! ² Sing to the Lord, bless his name; tell of his salvation from day to day. ³ Declare his glory among the nations, his marvelous works among all the peoples! ⁴ For great is the Lord, and greatly to be praised; he is to be feared above all gods. ⁵ For all the gods of the peoples are worthless idols, but the Lord made the heavens. ⁶ Splendor and majesty are before him; strength and beauty are in his sanctuary.
 ⁷ Ascribe to the Lord, O families of the peoples, ascribe to the Lord glory and strength! ⁸ Ascribe to the Lord the glory due his name; bring an offering, and come into his courts! ⁹ Worship the Lord in the splendor of holiness; tremble before him, all the earth!
¹⁰ Say among the nations, "The Lord reigns! Yes, the world is established; it shall never be moved; he will judge the peoples with equity."
 ¹¹ Let the heavens be glad, and let the earth rejoice; let the sea roar, and all that fills it; ¹² let the field exult, and everything in it! Then shall all the trees of the forest sing for joy ¹³ before the Lord, for he comes,

for he comes to judge the earth. He will judge the world in righteousness, and the peoples in his faithfulness.

REFLECT - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart?

Week 5 - God Is Holy, Perfect in All His Ways
Week 5 - God Is Holy, Perfect in All His Ways

Week 5 - God Is Holy, Perfect in All His Ways

Prayer Requests

Week 6 - Testimony Week

Notes

Week 6 - Testimony Week

Week 6 - Testimony Week

Prayer Requests

Week 7 - God Is Omniscient, All Knowing and Wise

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 33

 ¹ Shout for joy in the Lord, O you righteous! Praise befits the upright. ² Give thanks to the Lord with the lyre; make melody to him with the harp of ten strings! ³ Sing to him a new song; play skillfully on the strings, with loud shouts.
 ⁴ For the word of the Lord is upright, and all his work is done in faithfulness. ⁵ He loves righteousness and justice; the earth is full of the steadfast love of the Lord.
 ⁶ By the word of the Lord the heavens were made, and by the breath of his mouth all their host. ⁷ He gathers the waters of the sea as a heap; he puts the deeps in storehouses.
 ⁸Let all the earth fear the Lord; let all the inhabitants of the world stand in awe of him! ⁹For he spoke, and it came to be; he commanded, and it stood firm.
 ¹⁰ The Lord brings the counsel of the nations to nothing; he frustrates the plans of the peoples. ¹¹ The counsel of the Lord stands forever,

the plans of his heart to all generations.

¹² Blessed is the nation whose God is the Lord, the people whom he has chosen as his heritage!

- ¹³ The Lord looks down from heaven; he sees all the children of man;
- ¹⁴ from where he sits enthroned he looks out on all the inhabitants of the earth,
- ¹⁵ he who fashions the hearts of them all and observes all their deeds.
- ¹⁶ The king is not saved by his great army; a warrior is not delivered by his great strength.
- ¹⁷ The war horse is a false hope for salvation, and by its great might it cannot rescue.
- ¹⁸ Behold, the eye of the Lord is on those who fear him, on those who hope in his steadfast love,
- ¹⁹ that he may deliver their soul from death and keep them alive in famine.
- ²⁰ Our soul waits for the Lord; he is our help and our shield.
- ²¹ For our heart is glad in him, because we trust in his holy name.
- ²² Let your steadfast love, O Lord, be upon us, even as we hope in you.

REFLECT - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart?

Week 7 - God Is Omniscient, All Knowing and Wise

Week 7 - God Is Omniscient, All Knowing and Wise

Week 7 - God Is Omniscient, All Knowing and Wise

Prayer Requests

Weeks - God Is Omnipotent, All Powerful

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 29

 ¹Ascribe to the Lord, O heavenly beings, ascribe to the Lord glory and strength. ²Ascribe to the Lord the glory due his name; worship the Lord in the splendor of holiness.
 ³ The voice of the Lord is over the waters; the God of glory thunders, the Lord, over many waters. ⁴ The voice of the Lord is powerful; the voice of the Lord is full of majesty.
 ⁵ The voice of the Lord breaks the cedars; the Lord breaks the cedars of Lebanon. ⁶ He makes Lebanon to skip like a calf, and Sirion like a young wild ox.
 ⁷ The voice of the Lord flashes forth flames of fire. ⁸ The voice of the Lord shakes the wilderness; the Lord shakes the wilderness of Kadesh.
⁹ The voice of the Lord makes the deer give birth and strips the forests bare,

and in his temple all cry, "Glory!"

¹⁰ The Lord sits enthroned over the flood; the Lord sits enthroned as king forever.

¹¹ May the Lord give strength to his people! May the Lord bless his people with peace! **REFLECT** - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart?

Weeks - God Is Omnipotent, All Powerful

Weeks - God Is Omnipotent, All Powerful

Week 8 - God Is Omnipotent, All Powerful

Prayer Requests

Week 9 - God Is Just, Righteous in Altis Ways

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 9

¹ I will give thanks to the Lord with my whole heart; I will recount all of your wonderful deeds.

²I will be glad and exult in you;

I will sing praise to your name, O Most High.

³When my enemies turn back,

they stumble and perish before your presence.

⁴For you have maintained my just cause;

you have sat on the throne, giving righteous judgment.

⁵You have rebuked the nations; you have made the wicked perish;

you have blotted out their name forever and ever.

⁶ The enemy came to an end in everlasting ruins; their cities you rooted out; the very memory of them has perished

the very memory of them has perished.

⁷ But the Lord sits enthroned forever; he has established his throne for justice,

- ⁸ and he judges the world with righteousness; he judges the peoples with uprightness.
- ⁹The Lord is a stronghold for the oppressed, a stronghold in times of trouble.
- ¹⁰ And those who know your name put their trust in you, for you, O Lord, have not forsaken those who seek you.

¹¹ Sing praises to the Lord, who sits enthroned in Zion! Tell among the peoples his deeds!

¹² For he who avenges blood is mindful of them; he does not forget the cry of the afflicted.

¹³ Be gracious to me, O Lord!
See my affliction from those who hate me, O you who lift me up from the gates of death,
¹⁴ that I may recount all your praises, that in the gates of the daughter of Zion

I may rejoice in your salvation.

¹⁵ The nations have sunk in the pit that they made; in the net that they hid, their own foot has been caught.
¹⁶ The Lord has made himself known; he has executed judgment; the wicked are snared in the work of their own hands. *Higgaion. Selah*

¹⁷ The wicked shall return to Sheol, all the nations that forget God.

¹⁸ For the needy shall not always be forgotten, and the hope of the poor shall not perish forever.

¹⁹ Arise, O Lord! Let not man prevail; let the nations be judged before you!
²⁰ Put them in fear, O Lord! Let the nations know that they are but men! Selah

REFLECT - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart?

Week 9 - God Is Just, Righteous in All His Ways

Week 9 - God Is Just, Righteous in All His Ways

Week 9 - God Is Just, Righteous in All His Ways

Prayer Requests

Week 10 - God Is Unchanging, Always the Game

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 102

¹ Hear my prayer, O Lord; let my cry come to you! ² Do not hide your face from me in the day of my distress! Incline your ear to me; answer me speedily in the day when I call! ³For my days pass away like smoke, and my bones burn like a furnace. ⁴My heart is struck down like grass and has withered; I forget to eat my bread. ⁵ Because of my loud groaning my bones cling to my flesh. ⁶I am like a desert owl of the wilderness, like an owl of the waste places; ⁷I lie awake: I am like a lonely sparrow on the housetop. ⁸ All the day my enemies taunt me; those who deride me use my name for a curse. ⁹ For Leat ashes like bread and mingle tears with my drink, ¹⁰ because of your indignation and anger; for you have taken me up and thrown me down. ¹¹ My days are like an evening shadow; I wither away like grass. ¹² But you, O Lord, are enthroned forever; you are remembered throughout all generations. ¹³ You will arise and have pity on Zion;

it is the time to favor her: the appointed time has come. ¹⁴ For your servants hold her stones dear and have pity on her dust. ¹⁵Nations will fear the name of the Lord, and all the kings of the earth will fear your glory. ¹⁶ For the Lord builds up Zion; he appears in his glory; ¹⁷ he regards the prayer of the destitute and does not despise their prayer. ¹⁸Let this be recorded for a generation to come, so that a people yet to be created may praise the Lord: ¹⁹ that he looked down from his holv height: from heaven the Lord looked at the earth, ²⁰ to hear the groans of the prisoners, to set free those who were doomed to die, ²¹ that they may declare in Zion the name of the Lord, and in Jerusalem his praise, ²² when peoples gather together, and kingdoms, to worship the Lord. ²³ He has broken my strength in midcourse; he has shortened my days. ²⁴ "O my God," I say, "take me not away in the midst of my daysyou whose years endure throughout all generations!" ²⁵ Of old you laid the foundation of the earth, and the heavens are the work of your hands. ²⁶ They will perish, but you will remain; they will all wear out like a garment. You will change them like a robe, and they will pass away, but you are the same, and your years have no end. 27 ²⁸ The children of your servants shall dwell secure; their offspring shall be established before you.

REFLECT - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart.

Week 10 - God Is Unchanging, Always the Game

Week 10 - God Is Muchanging, Always the Game

Week 10 - God Is Muchanging, Always the Game

Prayer Requests

Week 11 - God Is Faithful, Always Keeping His Word

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 36

¹Transgression speaks to the wicked deep in his heart; there is no fear of God before his eves. ² For he flatters himself in his own eyes that his iniquity cannot be found out and hated. ³The words of his mouth are trouble and deceit; he has ceased to act wisely and do good. ⁴He plots trouble while on his bed; he sets himself in a way that is not good; he does not reject evil. ⁵ Your steadfast love, O Lord, extends to the heavens, your faithfulness to the clouds. ⁶Your righteousness is like the mountains of God; your judgments are like the great deep; man and beast you save, O Lord. ⁷How precious is your steadfast love, O God! The children of mankind take refuge in the shadow of your wings. ⁸They feast on the abundance of your house, and you give them drink from the river of your delights. ⁹ For with you is the fountain of life; in your light do we see light.

¹⁰Oh, continue your steadfast love to those who know you, and your righteousness to the upright of heart!

¹¹Let not the foot of arrogance come upon me,

nor the hand of the wicked drive me away. ¹² There the evildoers lie fallen; they are thrust down, unable to rise.

REFLECT - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart?

Week 11 - God Is Faithful, Always Keeping His Word

Week 11 - God Is Faithful, Always Keeping His Word

Week 11 - God Is Faithful, Always Keeping His Word

Prayer Requests

Week 12 - God Is Govereign, Ruler of All Things

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 146

1 Praise the Lord! Praise the Lord, 0 my soul! ² I will praise the Lord as long as I live; I will sing praises to my God while I have my being. ³Put not your trust in princes, in a son of man, in whom there is no salvation. ⁴When his breath departs, he returns to the earth: on that very day his plans perish. ⁵Blessed is he whose help is the God of Jacob, whose hope is in the Lord his God. ⁶ who made heaven and earth. the sea, and all that is in them. who keeps faith forever; who executes justice for the oppressed, who gives food to the hungry. The Lord sets the prisoners free; the Lord opens the eyes of the blind. The Lord lifts up those who are bowed down; the Lord loves the righteous. ⁹ The Lord watches over the sojourners; he upholds the widow and the fatherless, but the way of the wicked he brings to ruin. ¹⁰ The Lord will reign forever, your God, O Zion, to all generations. Praise the Lord¹

REFLECT - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart?

Week 12 - God Is Govereign, Ruler of All Things
Week 12 - God Is Govereign, Ruler of All Things

Notes

Week 12 - God Is Govereign, Ruler of All Things

Prayer Requests

Week 13 - God is Glorious, Northy of All Praise

PRAY - Ask for God's help as you read His Word, to understand and to grow by the power of the Spirit.

READ - Psalm 19

¹The heavens declare the glory of God, and the sky above proclaims his handiwork. ² Day to day pours out speech, and night to night reveals knowledge. ³There is no speech, nor are there words, whose voice is not heard. ⁴Their voice goes out through all the earth, and their words to the end of the world. In them he has set a tent for the sun. 5 which comes out like a bridegroom leaving his chamber, and, like a strong man, runs its course with joy. ⁶ Its rising is from the end of the heavens, and its circuit to the end of them. and there is nothing hidden from its heat. ⁷ The law of the Lord is perfect, reviving the soul; the testimony of the Lord is sure, making wise the simple; ⁸ the precepts of the Lord are right, rejoicing the heart; the commandment of the Lord is pure, enlightening the eyes; ⁹ the fear of the Lord is clean. enduring forever: the rules of the Lord are true. and righteous altogether. ¹⁰ More to be desired are they than gold.

even much fine gold; sweeter also than honey and drippings of the honeycomb. ¹¹ Moreover, by them is your servant warned; in keeping them there is great reward.

¹² Who can discern his errors? Declare me innocent from hidden faults.

¹³Keep back your servant also from presumptuous sins; let them not have dominion over me!

Then I shall be blameless,

and innocent of great transgression.

¹⁴Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my rock and my redeemer.

REFLECT - For each category below, choose at least one question from the list on page 8.

OBSERVE: Question #

CONSIDER: Question #

RESPOND: Question #

PAUSE - Stop for a few minutes and let your learning sink in.

PRAY - Remember the different aspects of prayer on page 10. How can you pray about what you have learned? Are there other requests on your heart?

Week 13 - God is Glorious, Northy of All Praise

Notes

Week 13 - God is Glorious, Worthy of All Praise

Notes

Week 13 - God is Glorious, Northy of All Praise

Prayer Requests

Valley of Vision Prayer

King of Glory. Divine Majesty.

Every perfection adorns thy nature and sustains thy throne;

The heavens and earth are thine,

The world is thine and its fullness.

Thy power created the universe from nothing;

Thy wisdom has managed all its multiple concerns, presiding over nations, families, individuals.

Thy goodness is boundless;

all creatures wait on thee are supplied by thee,

are satisfied in thee.

How precious are the thoughts of thy mercy and grace!

How excellent thy lovingkindness that draws men to thee!

Teach us to place our happiness in thee, the blessed God.

Additional Resources

Books on the Attributes of God:

AW Tozer – The Knowledge of the Holy

JI Packer – Knowing God

Jen Wilkin - None Like Him & In His Image

Jonathan Griffiths - God Alone

General Helps for Bible Reading:

"Basic Tools for Reading the Bible" - online article available at www.biblicaltraining.org

<u>www.bibleproject.com</u> - Various videos to supplement Bible reading

Before You Open Your Bible: 9 Heart Postures for Approaching God's Word - Book by Matt Smethurst

<u>https://www.thegospelcoalition.org/course/knowing-the-bible-</u> <u>psalms</u> - Overview and commentary on the book of Psalms

<u>www.gotquestions.org</u> - Online search engine for asking questions about the Bible and Christianity

Group Members & Contact Information

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