



## Studies & Seminars

**MONDAY NIGHT** - Bible Study Fellowship Beginnings is an in-depth, 28 week study in Genesis that explores God's original design and purpose for His people. We will learn of God's Creation, the Fall, Redemption and Restoration through the many heroes of faith found in the first book of the Bible. BSF combines weekly questions with online discussion groups, lecture and study notes for a deeper understanding and application of God's truth in our daily lives. The cost is free and everyone is invited! For further information and to register please contact Brian Forbes at [bm-forbes@gmail.com](mailto:bm-forbes@gmail.com)

**TUESDAY NIGHT** 7:30-9:00 on zoom - Men@Work Men spend the majority of their waking hours in employment or business. How does knowing Christ impact our working lives? Through the examination of the Scriptures, discussions with other men, and wrestling with real life examples we will endeavour to learn how Biblical principles apply to our work lives for the glory of God. Whether you're starting your career or even retired but joining the discussions to share your experience, there will be something for you. For more information please contact the teacher of this seminar Stephen Priddle at [spriddle@bell.net](mailto:spriddle@bell.net)

**WEDNESDAY NIGHT** - Men's Discipleship group study in Matthew on-line. Studying the Bible is the most important book we can ever study. This group will be using the study guide called Follow Me for a study in the book of Matthew. There will be personal study time and getting together to go deeper in understanding. This quarter will be led by Brian Bartell and Kasper Reinink for more information please contact Brian at [brianhbartell@gmail.com](mailto:brianhbartell@gmail.com) or Kasper at [kreinink@sympatico.ca](mailto:kreinink@sympatico.ca)

**METMen NextLevel groups** - The focus of this small group ministry is to help men develop spiritual friendships which will bring them joy on their journey and accelerate their spiritual formation. Yes, men are more happy and more spiritually healthy when they spend meaningful time with other men of faith. METMen NextLevel groups meet on various nights throughout the week based on the availability of group members. NextLevel also trains men to lead small groups. Contact Pastor Ron for more information at [rdudd@metbiblechurch.ca](mailto:rdudd@metbiblechurch.ca)