

# Prayer

*A study with MetWomen*

“Lord, teach us to pray.”

Jesus’ disciples asked Him for guidance about communication with God and it remains a central desire for followers and seekers today. We are made for relationship with God and relationship requires communication – but what kind of communication? What really is prayer? How does it work? Am I doing it right? Should prayer “come naturally” or is it a thing to be learned? What does it mean to listen to God’s voice? Am I alone in feeling inadequate or frustrated about prayer?

The Bible has much to say about prayer. Its stories, recorded prayers, and commands all weave a tapestry revealing both the complex beauty and personal simplicity of communication with God. In this MetWomen study we desire to learn what God says about prayer. As we do, we hope to be strengthened and helped through the encouragement, companionship, and prayers of the community of God – a community that includes the women of our church here and now, as well as the whole Body of Christ back through the centuries.

Please join us, we can’t wait to begin!