



# Jesus Gives Rest to Weary Sinners

## MAIN IDEAS

- Sinners are not able to fully obey God's holy, righteous, and good law.
- Jesus came to fulfill the law for sinners so that they could be saved.
- Jesus gives rest to a sinner's heart and soul.

## MEMORY VERSE

[Jesus said,] "Come to me, all who labor and are heavy laden, and I will give you rest."  
—Matthew 11:28

## SCRIPTURE

1) Matthew 11:28-30



## LESSON SUMMARY

As we have seen in earlier lessons, the Scriptures make clear that God requires His perfect Law be loved and obeyed. But, as we have seen, sinful hearts are not able to fulfill the requirements of the Law, and thus will never find salvation through law-keeping. However, in Jesus' day (and in our own also) many sinners continued to desperately struggle to keep the law in the hopes of earning God's favor.

Furthermore, men such as the Pharisees imposed even more rules and traditions to weigh down an already weary sinner. But then Jesus came to fulfill God's perfect Law. Jesus took the requirement of law-keeping on Himself to complete for sinners what they were unable to do themselves. It is in resting in Jesus and in his perfect righteousness that we find acceptance with God and salvation.

## PRAYER POINTS

As you review this lesson with your child, pray...



- *for hearts that fully rest in the perfect work and righteousness of Jesus alone for salvation.*
- *that God would give both you and your child a love for God's Law and, at the same time, a recognition that salvation can never be earned through obeying the Law.*
- *that you would see, embrace, and trust in Jesus as your perfect law-keeper.*

**AS YOU WALK BY THE WAY**

Give your child an example of a rule you have given him/her. Help your child to see why the rule is good. For example, “Hold my hand when crossing the street.” It is a good rule because it protects you from getting hurt.

- Have you ever broken a rule that you tried really hard to obey? Did daddy and mommy stop loving you? Why not? [because you don't need to earn your parents love]
- Can you earn God's love and be saved by obeying all of His perfect rules? Why not?
- Have your child try to lift an object that

is too heavy for him/her. Would it be foolish to keep trying to lift it, knowing it is way too heavy?

Sometimes, people can be like that. Even though they are sinners, they keep trying to be good enough to earn their way into heaven instead of trusting in Jesus. Can anyone ever be good enough to get to heaven? What is the only way a sinner can get to heaven?

**ACTION STEP**

Act out the memory verse from Matthew 11:28 for your family. Use hand and body motions, and a heavy sack to help you.

[Jesus said,  
“Come to me,  
all who labor  
and are heavy  
laden, and I will  
give you rest.”

*Matthew 11:28*

