



True Gospel **FIRM FOUNDATION**

A STUDY WITH METWOMEN

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A METWomen Study in Timothy and Titus

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By Ellen McAree
with appreciation and thanks
to the METWomen teaching team.

Soli Deo Gloria

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WELCOME!

We are so glad that you are joining us in this study of three letters written by the Apostle Paul through the inspiration of the Holy Spirit. These short books pack a big punch – they were written to encourage believers in Jesus Christ to hold tightly to what is true and to live out, in tangible, visible ways, the life change that comes through the gospel.

The early church needed this message and so do we! We live in a world that undercuts truth at every turn, believes that there's nothing firm about spiritual realities, and prioritizes individual preference in every area of lifestyle. With a directness that is both challenging and refreshing, these books present the solidity of truth that has its source in God and the noble, joy-filled calling of anyone who believes. We will be encouraged to live out our faith in very practical ways and to share well in suffering for the glory of God and our ultimate joy.

These books will provide a lot of food for thought and discussion. We encourage you to use the study guide questions to carefully think through the reading each week before the teaching so that you come prepared to dig in deeper. There are several question options listed, so choose those that fit well with your reading or that you find most helpful. You may want to slowly read through these books several times over the course of the study, as increased familiarity helps to develop understanding.

It is our prayer that in this study God will be glorified and we will grow as we open his word and seek to follow it together.

With love,

The METWomen Team

STUDY QUESTIONS

OBSERVE: What does it say?

1. What did you notice as you read this chapter?
2. Try to summarize what was said in one or two sentences (you can divide the passage into sections to make this easier).
3. How does this passage connect to the ones before it? What about after it? Are there any linking words?
4. Who is Paul talking about or to in this section? List any direct commands you see.
5. Was there anything in this passage that confused or startled you? What was it? Why?

CONSIDER: What does it mean?

6. Do you see any main emphases or major themes in this passage?
7. Are there any repeated or emphasized words in these verses? What are they and why do you think they might be important?
8. Do these verses say anything about truth and error?
9. Are there any word pictures or metaphors in this passage? How do they help you to understand the message?
10. Are you reminded of any connections with other verses or stories in the Bible?

CONNECT: With God's help, how can I respond to these truths?

11. What did you learn about God from this passage? How does that help you to worship?
12. What did these verses have to say about the gospel?
13. Did you learn anything from these verses about how the gospel should be lived out?
14. How can you pray these verses for yourself and for others?
15. Who can you tell about what is convicting you in these verses?

HELPFUL RESOURCES

ESV Study Bible

NIV Study Bible

Gospel Coalition Overviews and Introductions:

www.thegospelcoalition.org/course/1-timothy-introduction/#overview

www.thegospelcoalition.org/course/2-timothy-introduction/

www.thegospelcoalition.org/course/titus/#genre-setting

The Bible Project Overviews:

bibleproject.com/explore/video/1-timothy/

bibleproject.com/explore/video/2-timothy/

bibleproject.com/explore/video/titus

STUDY SCHEDULE

Week	Reading	Teaching
1	–	Introduction: True Gospel, Firm Foundation
2	1 Tim. 1	True or False?
3	1 Tim. 2	The Call to Prayer
4	1 Tim. 3	The Noble Calling of Leadership
5	1 Tim. 4	The Call to Train for Godliness
6	1 Tim. 5-6:2	Church Order Shaped by the Gospel
7	1 Tim. 6	Fight the Good Fight of the Faith
8	–	Panel Discussion
9	2 Tim. 1	The Call to Share in Suffering
10	2 Tim. 2	An Approved Worker Who is Not Ashamed
11	2 Tim. 3	Godliness Rooted in the Sacred Word
12	2 Tim. 4	The Call to Finish Well
13	Titus 1	Leaders Above Reproach
14	Titus 2	Sound Doctrine for Hope-Filled Life
15	–	Titus 2 Discipleship Week
16	Titus 3	Heirs of Eternal Life
17	–	Conclusion

READING CHECKLIST

We encourage you to consider reading through these books more than once during the 17 weeks of our study time, as repeated reading can help us to see things we would miss on the first pass and to make connections throughout the books. Below is a chart to help you track where you've been, if you find that helpful. Choose a number of times you personally would like to read through the books and check them off as you go! (For reference sake, the audio for all three books together is under 40 minutes total.)

Reading	1	2	3	4
1 Timothy 1				
1 Timothy 2				
1 Timothy 3				
1 Timothy 4				
1 Timothy 5				
1 Timothy 6				
2 Timothy 1				
2 Timothy 2				
2 Timothy 3				
2 Timothy 4				
Titus 1				
Titus 2				
Titus 3				

Week 1

INTRODUCTION - TRUE GOSPEL, FIRM FOUNDATION

NOTES

TRUE OR FALSE?

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: 1 Timothy 1

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

THE CALL TO PRAYER

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: 1 Timothy 2

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

THE NOBLE CALLING OF LEADERSHIP

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: 1 Timothy 3

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

THE CALL TO TRAIN FOR GODLINESS

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: 1 Timothy 4

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

CHURCH ORDER SHAPED BY THE GOSPEL

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: 1 Timothy 5-6:2

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

FIGHT THE GOOD FIGHT OF THE FAITH

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: 1 Timothy 6

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

Week 8
NOTES

PRAYER REQUESTS

THE CALL TO SHARE IN SUFFERING

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: 2 Timothy 1

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

PRAYER REQUESTS

AN APPROVED WORKER WHO IS NOT ASHAMED

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: 2 Timothy 2

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

PRAYER REQUESTS

GODLINESS ROOTED IN THE SACRED WORD

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: 2 Timothy 3

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

PRAYER REQUESTS

THE CALL TO FINISH WELL

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: 2 Timothy 4

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

PRAYER REQUESTS

LEADERS ABOVE REPROACH

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: Titus 1

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

PRAYER REQUESTS

SOUND DOCTRINE FOR HOPE-FILLED LIFE

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: Titus 2

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

PRAYER REQUESTS

Week 15

NOTES

HEIRS OF ETERNAL LIFE

PRAY: Ask for God's help as you read his Word, to understand and to grow by the power of the Spirit.

READ: Titus 3

REFLECT: For each category below, choose at least one question to consider from the list on page 3.

OBSERVE: Question #

CONSIDER: Question #

CONNECT: Question #

Week 17

NOTES

PRAYER REQUESTS

The Church's One Foundation

S.J. STONE, 1866

The Church's one foundation is Jesus Christ her Lord;
She is His new creation by water and the Word:
From heav'n He came and sought her to be His holy Bride;
With His own blood He bought her, and for her life He died.

Elect from every nation, yet one o'er all the earth,
Her charter of salvation, one Lord, one faith, one birth;
One holy Name she blesses, partakes one holy food,
And to one hope she presses, with every grace endued.

'Mid toil and tribulation, And tumult of her war,
She waits the consummation of peace for evermore;
Till, with the vision glorious, her longing eyes are blest,
And the great Church victorious shall be the Church at rest.

Yet she on earth hath union with God the Three in One,
And mystic sweet communion with those whose rest is won:
O happy ones and holy! Lord, give us grace that we,
Like them, the meek and lowly, in love may dwell with Thee.



1 and 2 Timothy and Titus, sometimes known as the Pastoral Epistles, are letters written by Paul to two pastors who were working with him in the early days of the church. In these letters, Paul encourages Christians to hold on to the true gospel, which is the firm foundation of the church that God is building. Paul is convinced that believing the good news of grace will result in real, noticeable life change and he calls everyone who is part of God's family to live in a way that displays God's truth to each other and to the world. As we live in a culture where truth is considered relative and lifestyles are increasingly about individual choice, these letters will refresh us with the stability of ultimate truth and call us to lifestyles which are saturated in hope, bring glory to God, and which reveal the beauty of the gospel for everyone to see.